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**BEAUTIFUL
BORACAY**



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**SLOW DOWN
ST MARTIN**

MARCH 2015

ENDLESS VACATION

PLAY | EAT | SHOP | RELAX | EXPLORE

Healthy HOLIDAYS

REFRESH, RECHARGE & REJUVINATE

VIVA LAS VALUE
LAS VEGAS

SUPER FOODS
GREEN UP YOUR DIET

RETAIL THERAPY
MELBOURNE

PICTURE PERFECT
TAUPO

Thanks for celebrating with us!

HERE'S TO

countless holiday memories

STILL TO COME

What better way to kick off 40 more years of dream holidays than by celebrating the millions of RCI® members who share their extraordinary holiday memories with us. Thank you for making our year long celebration oh so special. We can't wait to be part of so many special moments still to come.

A legacy of holidays that define a lifetime.



Because your holiday means the world to us®

RCI



MARCH 2015

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Another postcard moment on Boracay



ON THE COVER

Clutha River, **New Zealand.**

Check out endlessvacation.com



Terms & Conditions: Prices are based on low season and are subject to availability at time of print. Room sizes vary between resorts.

All prices are in Australian dollars unless otherwise specified. For full membership terms and conditions please call our friendly reservation consultants or check out RCI.com.

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Perfect place to chill out

Please note: Walk in appointments for members are no longer available at our Bundall office.

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Welcome

While the Christmas holiday period may have well passed there's no time like the present to start planning your next holiday adventure. Whether it's a short getaway or an extended trip, through your membership with RCI we have your favourite holiday destination in the world covered.

In this issue of Endless Vacation® magazine we'll show you some great places to discover with your loved ones. You'll need plenty of energy this year to explore all the exciting destinations we have on offer and what perfect way to re-energise than to add super foods to your daily regime. Check out our Good Food section on page 8 and see what's trending in 2015. Will the humble cauliflower take over from Kale as the new superfood?

While continuing our healthy food theme, check out our Dining In feature on page 14. We're pleased to share our delicious and healthy recipe for spiced carrot and apple cake with vanilla frosting. What's more it's totally free of gluten, dairy, soy and refined sugar.

And since we are on a health kick, our feature article on page 16 is all about Health and Well Being Resorts in Australia and New Zealand. We know you'll be 'jumping at the bit' to book flights for your next rejuvenating retreat.

We've also got hiking on the Caribbean island of St. Martin on page 26 and food and wine in Tasmania on page 44. If that's not enough then kick back and discover Bali's vibrant beach life with chic cafes and stunning ocean sunsets on page 46.

Check out the latest deals on cruises, tours and rentals starting on page 40.

Don't forget to take note of some important information on page 38 about your bookings and what you need to do before you arrive at your accommodation. Plus we provide some easy steps for your next exchange holiday on page 36.

Thanks for your continued support and loyalty in allowing RCI to help you discover what the world has to offer. Happy holidays and travel safe.

Di Mitchell
Director, Member Services

ECUADOR

Travel on the edge

ready,
set,
go

Reach new heights of luxury in Ecuador.



Alausi Ecuador

With the help of a \$350 million upgrade, the 54 passenger Tren Crucero, built in the late 1800s, has been restored to its previous glory, including its steam engine and four luxury carriages.

The four day trip covers nearly 480 kilometres between Guayaquil, near the Pacific coast and Quito. You'll overnight in hacienda style hotels, visit village markets and wind through river carved valleys before reaching the Chimborazo volcano, Ecuador's highest mountain, at over 3,650 metres. But the journey's real highlight is the spectacular pass in the Alausi Mountains called Devil's Nose. With its 535 metre descent the train sometimes travels reverse in order to navigate hair raising switchbacks. From \$1600 per person including three meals daily. www.trenecuador.com. - TERRY WARD

AUSTRALIA

Gold Coast gets a Chinatown

Currently under construction, the \$6.8 million Chinatown precinct is an integral part of the revitalisation of Southport as an international CBD for the Gold Coast. Chinatown is being developed in partnership with the community, private sector and government. It will offer an authentic Asian experience and create a unique destination on the light rail corridor in the heart of Southport. The precinct is already encouraging Chinese and Asian investment, reinforcing the city as a place to live, do business and be entertained. Chinatown will be a destination for the Gold Coast to celebrate its diversity through culture, people and food and will be an exciting mix of restaurants, festivals and boutique shopping. www.goldcoast.qld.gov.au

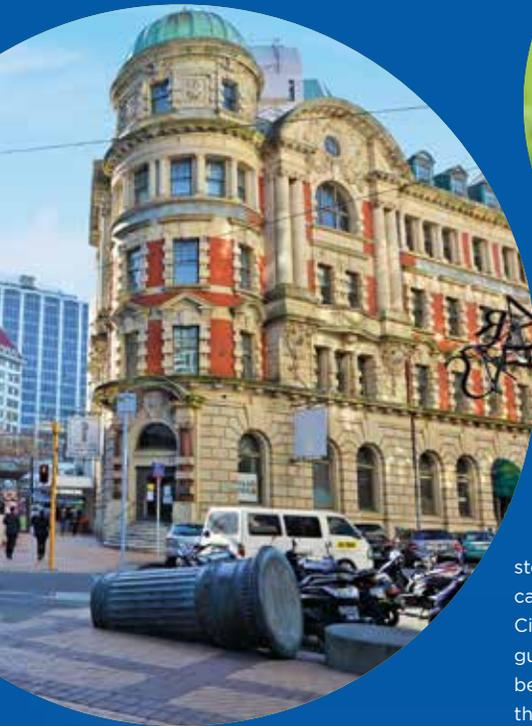




NEW ZEALAND

Good sports...

2015 is set to be massive year for Wellington with two major sporting events coming to the city. First the capital will play host to three games during the ICC Cricket World Cup 2015, including an enticing match-up between England and New Zealand. Then in the winter some of the most spectacular footballing talent in the world will take to the pitch at Wellington's Westpac Stadium when the FIFA U-20 World Cup comes to town.



and Top 10

Wellington has also capped off another stellar year of being the 'world's coolest little capital' with a place in Rough Guides Top 10 Cities to Visit in 2015. The renowned travel guidebook's publishers believe there has never been a better time to visit Wellington, calling the city 'The urban jewel in the country's otherwise bucolic crown.' "There's a real buzz about the city's café scene and smart new craft beer bars are bubbling up across the city." Wellington was named sixth place on the list. - TOURISM NEW ZEALAND

NEW ZEALAND

Winning Walk

The influential National Geographic magazine has placed Te Araroa alongside some of the world's most renowned walking routes in its collection of "World's Best Hikes: 20 Dream Trails." Te Araroa (Māori for "The Long Pathway") runs 2996km from Cape Reinga at the top of New Zealand's North Island to Bluff at the bottom of the South. The walk showcases stunning New Zealand landscapes including Ninety Mile Beach, the Tutukaka Coast, the North Island volcanic plateau, the Queen Charlotte Sound and the Southern Alps. - TOURISM NEW ZEALAND

NEW ZEALAND



Safety First

Concerns over fatal crashes involving tourist drivers on New Zealand roads have driven a new website aimed at giving crucial information for a safe driving holiday. DriveSafe.org.nz provides basic information about New Zealand road rules and etiquette. It also gives guidance to visiting drivers before they arrive, when they pick up their rental vehicle and during their journey around the country. - TOURISM NEW ZEALAND

ENGLAND



Hot Spot

The new King Richard III Visitor Centre in Leicester has been chosen as one of the world's hottest new attractions for 2015 by travel guide company Lonely Planet. The \$A7.3 million centre has opened following the unearthing of the remains of Richard, who died in the Battle of Bosworth in 1485. The centre features in a list of 26 of the "world's hottest new experiences for 2015" in an e-book published by Lonely Planet. - PETER WOODMAN, TRAVEL WEEKLY





5 Great Gizmos You Need to Pack



1. TREASURE TAG Attach the Nokia Treasure Tag to your belongings and it alerts you when you are about to leave them behind. Find your lost things by using the Treasure Tag app to locate lost possessions with visual and audio guidance, or using location data on a map. AU\$39.99 www.microsoft.com/en-us/mobile/accessory/ws-2/ **2. BACKBEAT PRO** Wireless, Noise Cancelling Headphones + Mic. Music headphones make any moment more personal. Get lost in rich, lifelike audio and enjoy the quality sound. With up to 24 hours of continuous wireless use, you're going to need a longer playlist. AU\$299 www.officeworks.com.au **3. 3D SOFT PADDED CONTOURED SLEEP MASK** This cushioned and contoured sleep mask comfortably blocks out light and allows you to blink. A soft combination of sponge and soft polyester fabric envelops your eyes in cool comfort and velvety darkness for blissful slumber - anywhere, anytime. Great for travel as well as the home. AU\$14.95 www.gogogear.com.au **4. JBL CHARGE 2 SPEAKERS** With great sound quality that booms through the cylindrical chamber, the deal is only made sweeter with its fantastic battery life. AU\$170 www.techradar.com **5. APPLE WATCH** The Apple Watch is at long last coming this year - you can set your friends' inferior Android Wear watches on it - and we know all about what's literally been hiding up CEO Tim Cook's sleeve. Rumored to be released in March 2015. Starts at AU\$403 www.apple.com.au



LANDMARKS
TAUPO

Panoramic Taupo

LOOKING FOR ADVENTURE OR JUST WANT TO TAKE IN SOME BREATHTAKING SCENERY YOU WILL FIND TAUPO IS NATURE'S ULTIMATE PLAYGROUND. WITH ITS AWARD WINNING ATTRACTIONS, YOU'LL FALL IN LOVE WITH THIS UNIQUE AND STUNNING REGION.

BY GARY MACNAMARA



STAY

RCI AFFILIATED RESORTS
IN TAUPO INCLUDE:

Taupo Ika Nui 0900

Taupo Ika Nui offers spectacular views of Lake Taupo and the mountains. Enjoy the large indoor heated pool, fun recreation room as well as two large spa pools.

Lake Edge Resort 1708

Take in the picturesque views looking from Lake Taupo to the Tongariro National Park Mountain Ranges. Offers spacious units, heated pool, hot tub and games room.

The Lakeside Villas 3004

Located along the lakefront with panoramic views of the mountains and lake. With its quiet and laid back atmosphere you'll find this a most enjoyable holiday setting with many of Taupo's great natural attractions close by.

For additional resort listings, visit RCI.com or call 1300 368 800 AU or 0800 368 800 NZ



Sitting at the edge of the southern hemisphere's largest lake, Lake Taupo, the town provides a base for visitors who love trout fishing, skiing Mount Ruapehu or exploring the local geothermal parks. There are spectacular panoramic views over the lake to the snow capped volcanoes of Tongariro National Park.

The northeast part of the lake discharges into the mighty Waikato River. The river flows over one of New Zealand's most spectacular waterfalls, Huka Falls, and is New Zealand's most visited natural attraction with more than 220,000 litres of water per second tumbling over the cliff face.

Visitors can dine on the lakefront on a summer's evening or have fish and chips on the shore just like many of the locals. You'll be spellbound by the spectacular views while watching the sun sink behind the mountains. What's more you'll be amazed to know that Lake Taupo is actually a huge volcano with a long history. Its last eruption occurred in 181 AD and according to Maori legend, the lake is the rhythmical heart of Maui's fish (New Zealand's North Island).

Taupo is a centre of volcanic and geothermal hot springs, which are suitable

for bathing. The Taupo Volcanic Zone stretches from Tongariro National Park all the way to White Island and here you'll see spectacular steaming cliffs, geysers, boiling lakes, bubbling mud pools, floating rocks and beautiful volcanic plateaus. At some of Lake Taupo's beaches, swimmers and paddlers can enjoy the warm, geothermal water currents.

Taupo is also a fantastic region for year round mountain biking especially with the recent completion of the Great Lake Trail. Along with cycling, there's also excellent hiking and golf opportunities. Other popular Taupo experiences include the prawn farm, lake cruises, a visit to the Anarchy Boarding Park (cable wakeboarding), guided kayak expeditions and the historic rock carvings at Mine Bay.

Skiers and snowboarders flood the region in winter time, drawn to Mt Ruapehu which is New Zealand's largest ski area. The region is also home to a number of adventure activities including sky diving, jet boating and paragliding.

It doesn't matter what your interest is, there is certainly no end to what you can do in this stunningly beautiful region



FIRE AND ICE: Mount Ruapehu, New Zealand's biggest ski mountain is a mecca for all snowsports. Champagne Pool in Wai-O-Tapu Geothermal Wonderland is just another of Taupo's natural wonders. Mountains that are volcanoes, filled with icy lakes and covered in snow, you don't see that everyday.



SUPER FOODS

GREEN UP YOUR DIET

A GREAT WAY TO KEEP ON TOP OF YOUR HEALTH IS TO LOOK AT WHAT YOU EAT AND DRINK AND SUPERFOODS ARE A TREMENDOUS START.



So what are 'superfoods' and what makes them so superior to others and what's trending in 2015?

'Superfoods' are healthy foods that are low in calories and high in nutrients. They pack a lot of punch for their weight and are excellent sources of antioxidants needed by your body. While some superfoods cleanse and detoxify the body, others encourage a healthy digestive system.



● Matcha Green Tea

Many of us now know that green tea is good for us due to its antioxidant qualities. However beyond the realm of regular green tea, lies an incredible superfood known as matcha green tea (pronounced MA-cha). It's a powerful superfood and contains over six times the antioxidants in goji berries, seven times the antioxidants in dark chocolate, 17 times more antioxidants than blueberries and 60 times the antioxidants found in spinach. And that's just in one teaspoon!



◆ Spirulina

Spirulina is cultivated micro-algae and has been consumed for thousands of years by the indigenous peoples in Mexico and Africa. It is one of the highest known protein sources on Earth and contains 70% complete protein, more than steak which is 25% protein once cooked.



◆ Moringa

A green powder made from the leaves of a tree native to Africa and Asia, Moringa is reported to have twice the vitamin A of carrots, twice the iron of spinach, more potassium than bananas, more vitamin C than oranges and more protein than yogurt. Guaranteed to boost your energy levels, mood and immune system.



◆ Kale

Kale is something we should all eat more of. Those dark green leaves are loaded with vitamins, calcium and iron. Buy the whole plume like leaves so that it is easy to strip out the tough stems. Toss the leaves in olive oil and salt, spread on a baking tray and bake for 15 minutes or so 200C to make kale crisps.



◆ Green leafy vegetables

Readily available and highly nutritious, however most people do not eat enough of them. Fresh raw green leafy vegetables contain high doses of chlorophyll, easily digestible proteins, enzymes and a wide range of vitamins and minerals. These vegetables act as mini-transfusions for the blood, a health tonic for the brain and a cleanser of the kidneys. Try rocket, spinach, dandelion greens, kale, watercress, parsley, lettuce, endive, chicory, broccoli sprouts and mustard sprouts.



◆ Wild blue-green algae

Algae was the first form of life on Earth and wild blue-green algae is a phyto-plankton which has a 60% protein content and is a more complete amino acid than beef or soy beans. It contains one of the best known food sources of beta carotene, vitamin B and chlorophyll. It has also been shown to improve brain function and memory and help with viruses and flu.



◆ Cauliflower

In 2015, expect to see cauliflower hailed as the new healthy white. Try it grated to make a flour substitute in pizza crust or chopped finally as a delicious cauliflower rice or couscous. A member of the cancer fighting cruciferous family of vegetables, cauliflower is anti-inflammatory and antioxidant rich. It provides your body with an impressive dose of vitamin C, vitamin K and beta-carotene while supporting healthy digestion and detoxification.



◆ Barley grass

With 11 times more calcium than cows' milk, 5 times more iron than spinach and 7 times more vitamin C and bio-flavonoids than orange juice. Barley grass juice has anti viral properties and neutralises heavy metals such as mercury in the blood.



◆ Chlorella

Chlorella is a fresh water algae which has all the B group vitamins, vitamin C and E and many minerals. It's fantastic for the immune system and for reducing cholesterol and preventing hardening of the arteries.



◆ Cacao

If you have a sweet tooth, cacao is the purest form of chocolate you can consume. It is raw and much less processed than cocoa powder or chocolate and has a high source of antioxidants and magnesium.



GOOD VALUE
Las Vegas

Viva Las Value!

SINFULLY GOOD VALUE IN 'SIN CITY'



Don Mammoser / Shutterstock.com



Andrew Zarivny / Shutterstock.com



Las Vegas conjures visions of neon lights, spectacular shows and, of course, countless coins overflowing from row upon row of pokie machines. But they don't have to be overflowing from your pockets. Beyond the constant 'ka-ching' of the casinos, you'll find yourself hitting the holiday jackpot in the Entertainment Capital of the World.

Shopping steals and deals

With souvenirs and shopping sprees essential to most holidays, Vegas takes some of the worry off your wallet. From designer labels and brand-name shoes to gifts and cool stuff for the kids, the city's factory outlets are great places to bargain-hunt. Downtown, check out the Las Vegas North Premium Outlets and Las Vegas South Premium Outlets (the two are about 15 minutes apart by car and together boast approximately 290 shops).

To pick out the perfect mementos of your time in Las Vegas, you can't go past Bonanza Gifts. The self-proclaimed "World's Largest Gift Shop" features everything from 99-cent gag gifts to customary t-shirts and shot glasses to Native American jewellery and Elvis memorabilia.

Economical eats

For frugal fare, there's no better bargain than a Vegas buffet. Most of the casinos feature restaurants with all-you-can-eat breakfast, brunch, lunch or dinner deals. For really good value, tuck in to the Ports O' Call Buffet at the Gold Coast Hotel & Casino. There you'll find breakfast and lunch for about AU\$10 and dinner for about AU\$16.

And for more cheap eats at any hour of the day, visit one of the three Earl of Sandwich locations in the city for hot sandwiches, wraps, salads and more.



Songquan Deng / Shutterstock.com



Kobby Dagan / Shutterstock.com

SENSORY OVERLOAD: (from left) The strip at night, 6.8km of entertainment, dining and shopping... buckle up. Some things in life are free, the Bellagio Hotel offers a light and water show timed to music, or maybe just walk the strip as many hotels offer some sort of free entertainment to lure you in. If there is one thing better than an all you can eat buffet it's an all you can eat dessert buffet just make sure you bring a belt with some holes left in it. Or maybe buy one? If you like shopping Las Vegas has you covered, shop in the future at one of the cutting edge outlet malls or maybe ancient Rome is more your pace... if not virtually every other theme is covered.

Shows, sights and high stakes

With so many dazzling performances in Vegas, taking in a show is a must on any Sin City itinerary. Many of the casino venues offer dinner-and-show packages or discounts if you buy tickets for more than one show at the same venue. Alternatively, a number of discount ticket outlets, such as Tix4Tonight, provide same-day, half-price deals.

For some good no-money fun, a stroll along the famous Vegas Strip serves up plenty of free shows along the way. Wander by the spellbinding Fountains of Bellagio to take in their choreographed combination of

water, music and light. Embrace that big-top nostalgia by watching the free daily circus acts at the aptly named Circus Circus casino. Or simply go casino-hopping to check out their elaborate themes and costumes.

Baffled by blackjack? Curious about craps? Many of the casinos offer free gaming lessons. Already fancy yourself a seasoned gamester? Even gambling can be affordable and fun if you set your budget – and stick to it!

After all, even though the famous tagline is “What happens in Vegas, stays in Vegas”, all your money doesn’t have to!



STAY

RCI AFFILIATED RESORTS IN LAS VEGAS AVAILABLE FOR RENTAL & EXCHANGE INCLUDE:

Grandview at Las Vegas

7 nights from AU\$683/NZ\$729
Removed from the buzz of The Strip but close enough to enjoy all the attractions.

Hilton Grand Vacations Club on Paradise

7 nights from AU\$1690/NZ\$1802
Perfect location quietly located just off strip but easy access to strip via monorail.

The Cliffs at Peace Canyon

7 night from AU\$783/NZ\$839
Located 20 minutes from the world-famous Strip.

For additional resort listings, visit RCI.com or call 1300 368 800 AU or 0800 368 800 NZ





Melbourne Style

BY LEANNE MACNAMARA

The vibrant city of Melbourne is a shoppers' paradise for all ages. From international and Australian designer clothes and jewellery to The Queen Victoria Market and second hand shops, you'll find something to suit your credit card balance.



Whatever your shopping tastes it's a good idea to bring along a survival kit when you plan your next shopping extravaganza in Australia's number one retail destination Melbourne, Victoria.

- ✓ Comfortable shoes
- ✓ Credit card and some cash (OK, maybe lots of cash)
- ✓ A bottle of water
- ✓ Extra luggage
- ✓ Lots of energy
- ✓ A shopping list

The Queen Victoria Market also known affectionately as 'Vic Market' or 'Queen Vic', has been the heart and soul of Melbourne for more than a century. A historic landmark spread over two city blocks, it's a vibrant and bustling inner city market where you can shop for everything from Australian fruit and vegetables, local and imported gourmet foods, to cosmetics, clothing and souvenirs. Open five days a week Tuesday 6am - 2pm, Thursday 6am - 2pm, Friday 6am - 5pm, Saturday 6am - 3pm, Sunday 9am - 4pm. Wednesday night markets can be another option, check out the website for opening dates and times. www.qvm.com.au/Melbourne. Located on Lonsdale Street, **Melbourne Central** in the Central Business District boasts over 300

shops. Here you can browse through book stores, buy Australian opals, visit your favourite hairdresser, chill out over lunch or fill your shopping bags to bursting point.

Collins Street is where your credit card could really take a hit. Experience some exclusive big name fashion shops such as Giorgio Armani, Salvatore Ferragamo, Louis Vuitton, Versace and Wolford. Even if your bank account doesn't match Bill Gates, it's worth having a look at what's on offer. You'll find some very cool items here to drool over.

Located at the western end of the CBD, **Docklands** is Melbourne's newest retail mecca. The shopping centre is situated right under the observation wheel and you'll find bargains to be had in a myriad of



RETAIL THERAPY: (clockwise from left)

The city of Melbourne viewed from Southbank, a fantastic dining and shopping precinct in its own right. Melbourne Central, situated in the CBD and with over 300 shops is a great option set within unique architecture. The Queen Victoria Market and Collins Street are Melbourne institutions and should be on any serious shoppers itinerary. Nothing illustrates the ease of which visitors can navigate Melbourne and its shopping precincts more clearly than trams crossing in front of Flinders Street Station, tram, train, bus, taxi, city bike or on foot the choice is yours.

laneways filled with factory type outlets.

Bourke Street Mall is full of all the big name stores like Myer and David Jones. If you are looking for up market clothing and jewelry, then spend a day wandering through these exclusive stores.

Chapel Street is an eclectic mix of second hand and grunge shops featuring exclusive Australian designers. There are also plenty of eateries to sit and revitalise in between shopping. It's recommended you start on one side of the street and then back down the other so you don't miss any great bargains.

Swanston Street is not listed inside the regular tourist brochures, but there are plenty of bargains to be found down in the basement shops. This is also a great place

to grab those cheaper priced souvenirs.

Southgate is on the south bank of the Yarra River. The area is predominantly restaurants and cafes as well as a number of boutiques. You can also catch any number of tour boats to take a relaxing break from all the sidewalk markets. www.melbournrivercruises.com.au

Outlet Shopping Tours offer another fun day of retail therapy visiting back street wholesalers and outlet shopping streets. Sit back and relax for the day shopping in Melbourne without the worry of carrying bags, catching trains and trams, paying for taxis or finding car parks. Prices start around A\$89 per person. Tours operate: 9am-5pm – Monday to Saturday. www.outletshoppingtours.com.au



STAY

**RCI AFFILIATED
RESORTS IN
MELBOURNE
INCLUDE:**



Travelodge Southbank Hotel

Within easy walking distance to great restaurants and cafes, impressive shopping, renowned art galleries and the Crown Casino.
7 nights from AU\$959/NZ\$1019 Hotel



Adina Apartment Hotel St Kilda

Located in the heart of St Kilda and only moments from the attractions that make Melbourne so famous. Eateries, cafes and designer shopping are right on your doorstep.
7 nights from AU\$1199/\$1279 1 brm

**For additional resort listings,
visit RCI.com or call 1300 368 800 AU
or 0800 368 800 NZ**



Carrot, apple, vanilla... Yum!

It's hard to believe that this gluten, dairy,
soy and sugar free cake is so delicious.

BY JODIE MACNAMARA

INGREDIENTS

For the cake:

- 2 cups organic buckwheat flour
- 1 cup organic almond meal
- 2 large organic carrots, grated
- 2 organic green apples, cored and sliced
- 2 teaspoons of baking powder (ensure this is gluten & aluminium free!)
- 1 ½ teaspoons of organic ground cinnamon
- 1 ½ teaspoons of organic powdered vanilla bean
- 1 teaspoon organic ground nutmeg
- 1 teaspoon organic ground cloves
- Pinch of celtic sea salt
- 5 organic eggs
- ¾ cup melted organic coconut oil
- ¾ cup of raw local honey (use rice malt syrup for a fructose-friendly version, or powdered stevia for a low-sugar version!)

For the icing:

- 1 cup organic activated macadamia nuts
 - 150ml organic coconut cream
 - ½ cup of raw local honey (use rice malt syrup for a fructose-friendly version, or powdered stevia for a low-sugar version!)
 - 1 teaspoon organic powdered vanilla bean
 - Pinch of celtic sea salt
 - ½ cup melted organic cacao butter
- To decorate, 1 cup organic activated walnuts

METHOD

For the cake:

1. Preheat oven to 180 degrees Celsius
2. Line a deep cake tin (square or round) with baking paper
3. In a large bowl, mix the buckwheat flour, almond meal, baking powder, ground cinnamon, vanilla bean, ground nutmeg, ground cloves and salt
4. In a separate bowl, whisk the eggs until combined and add the coconut oil and raw honey (or sweetener of your choice!)
5. Mix the wet and dry ingredients together in one large bowl until combined
6. Core the apples, slice them finely and add them to the cake batter
7. Place the mixture into your blender or food processor and blend on a low intensity for 30 seconds to break down the apple slices
8. Pour the mixture back into the large bowl and stir through the grated carrot by hand
9. Taste the mixture (the best part!), add some additional sweetness or spice to taste
10. Transfer into the lined deep cake tin
11. Bake in the oven for 25 - 40 minutes (depending on the strength of your oven!) Check the cake at 25 minutes by placing a fork into the centre. When the fork is clean upon removal, the cake is ready to be removed
12. Allow the cake to cool completely before icing.



For the icing:

1. Place the macadamia nuts, coconut cream, honey (or sweetener of your choice), vanilla bean and salt into your blender or food processor on a high intensity until the mixture is creamy
2. Pour the frosting into a mixing bowl and slowly add the melted cacao butter. Stir the cacao butter through by hand until it is combined with the frosting and has a silky texture
3. Place the frosting in the fridge for 45 - 60 minutes. (During this time, the coconut cream and cacao butter will harden slightly, giving you a thicker, creamier icing)
4. Pour the frosting over the cake and ice as desired
5. Decorate with whole and crushed walnuts.

If you re-create this scrumptious recipe and are active on social media, please feel free to hashtag #choosenourishnotpunish or find more information @choosenourishnotpunish

For more deliciously healthy, nutrient rich recipes, stay tuned for my upcoming blog RebeccaMiranda which will be live in March 2015. Details will be announced closer to the date on Jodie's social media page.

Email: jodiemacnamara@hotmail.com



AT A GLANCE
NEW THINGS IN OUR
FAVOURITE PLACES

Mildura

Victoria Australia



Standing on the Victorian side of the Murray River, Mildura is a major centre in the heart of an expansive wine and fruit growing region. The name Mildura means 'red earth' and comes from one of Mildura's first Indigenous inhabitants, the Latje Latje people. Renowned for its Mediterranean climate the region is recognised for its long tradition of producing fine food and wine at iconic restaurants, farmers' markets, gourmet eateries and cellar doors. In between food and wine excursions take a cruise along the Murray's old trading routes and discover the riverboat history on the popular historic paddleboat.



- 51,848** The current population of Mildura and the surrounding Sunraysia district. (Source Australian census 2000)
- 122** The number of clear days Mildura experiences each year. On average there are 77 days when the temperature exceeds 30 degrees Celsius.
- 2700** Kilometres the length of the Murray River which runs from the Snowy Mountains to South Australia. The Murray is the world's seventh largest river and one of the world's longest navigable rivers.
- 1,00,000** Hectares. The area designated as national parks surrounding Mildura. Discover pink Lakes, ancient dunes, fossils, rare birds and a wealth of local Aboriginal history.
- 1937** The year Mildura officially became a city.
- 1887** The year Mildura was founded.



STAY RCI AFFILIATED RESORTS IN MILDURA INCLUDE:

Sunraysia Resort 1179

The resort is the perfect place to take the family for a relaxing and memorable holiday. Take in a round of tennis, test your agility with the miniature golf course or just relax by the pool. Kids will also love the onsite games arcade and table tennis. The Resort Bar and Bistro not only provides great food but top class entertainment.

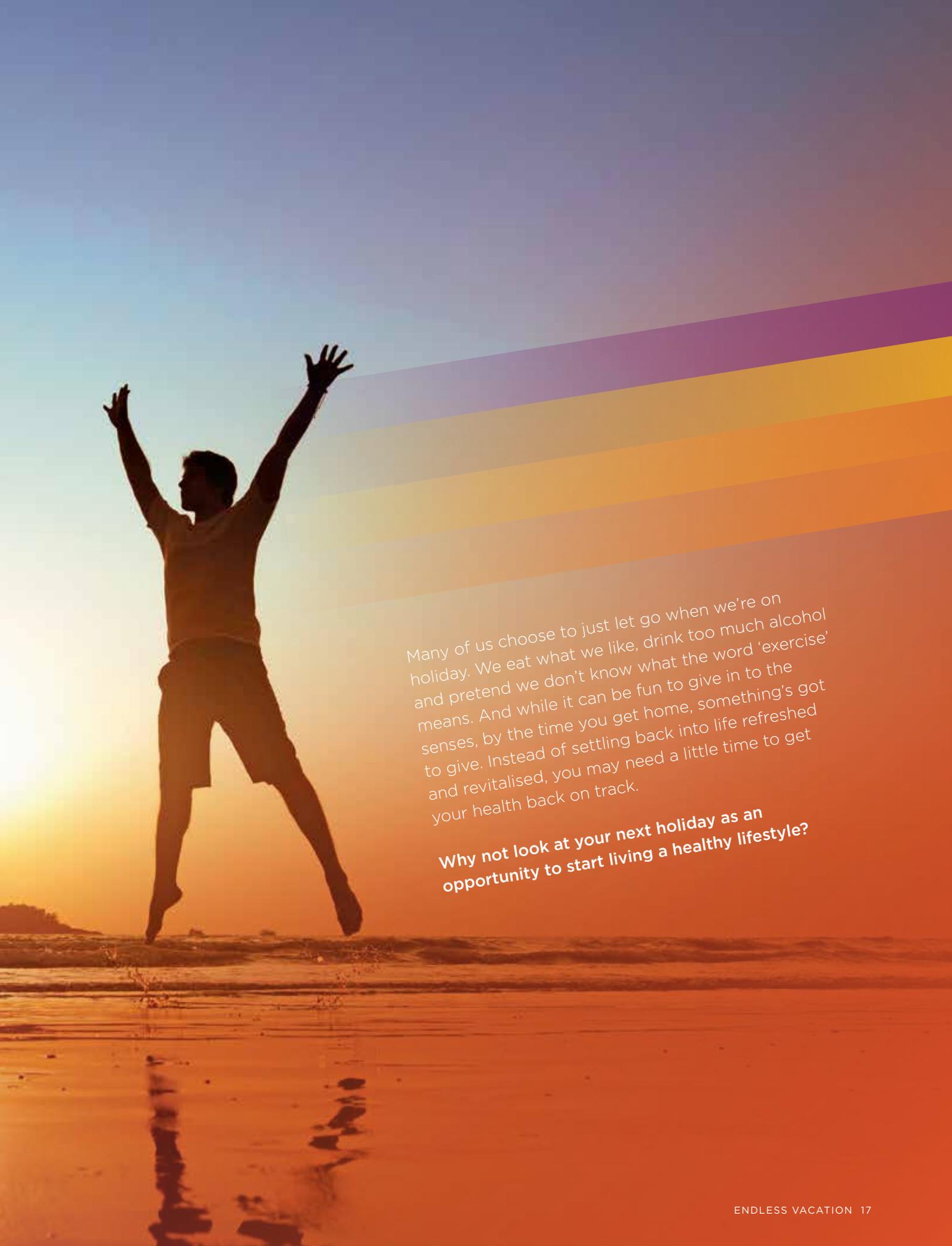
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A person is captured in mid-air, jumping joyfully on a beach at sunset. The person's arms are raised high, and their legs are spread wide in a V-shape. The background features a bright sun low on the horizon, casting a warm, golden glow over the scene. The sky transitions from a deep orange near the horizon to a clear blue at the top. The beach in the foreground is wet, reflecting the light from the sun. The overall mood is one of happiness and freedom.

HEALTHY HOLIDAYS

KATHY PAPADOPOULOS

DO YOU NEED A HOLIDAY TO RECOVER FROM YOUR LAST HOLIDAY? TRY SWAPPING OVERINDULGENCE WITH A BIT OF HEALTHY EATING, EXERCISE AND PAMPERING ON YOUR NEXT TRIP.



Many of us choose to just let go when we're on holiday. We eat what we like, drink too much alcohol and pretend we don't know what the word 'exercise' means. And while it can be fun to give in to the senses, by the time you get home, something's got to give. Instead of settling back into life refreshed and revitalised, you may need a little time to get your health back on track.

Why not look at your next holiday as an opportunity to start living a healthy lifestyle?



MOVE IT!

It's a no-brainer – if you want to get healthy, you need to exercise. And our properties are set in stunning natural surrounds within which you can enjoy a plethora of activities.

KEEP IT ON-SITE

If you like structured exercise or just don't want to venture too far to get some activity, you don't have to. Many of our resorts offer sporting facilities to suit a range of preferences. There are gyms, pools (and kids pools), tennis courts, table-tennis tables, playgrounds and more.

WATERSIDE

With many of our properties situated by the water, why not try some new water sports? Take surfing lessons, hire a kayak or glide along on a boogie board. Not too confident in the water? Go for a brisk walk or gentle jog in the shallows and take in the view while you're there – you may even be lucky enough to see migrating whales.

You can even try your hand at sailing or go deep-sea fishing and cook up your healthy catch at the end of the day.

EXPLORE

Explore your local environment and get some incidental exercise along the way.

Play the tourist and check out all the local points of interest. Go on a bushwalk or hike through the local forests. Walk to as many attractions as you can, or drive somewhere and swim, walk or ride when you get there. Riding enthusiasts can hire a bike and enjoy the view on wheels, while golfers can try out the local courses.

FOOD AND DRINK

It's easy to fall into unhealthy eating patterns when you're at home, so time away from your everyday routine can help you implement changes to your diet. Try to be positive about your new eating plan as well – healthy eating doesn't have to be about deprivation.

DINING OUT

Most of our resorts boast tempting restaurants, so you're bound to eat out for a few – or many – of your meals. But eating out doesn't have to mean overindulging. Take a really good look at the menu and choose healthy options. Avoid fried food if you can and go for meat or fish and vegetable

dishes. Say no to chips and ask for salad or cooked veggies to complement your dish. And although it may be difficult at first, give that second round of dessert a miss.

CHOOSE WISELY

Eating well is all about making the right choices, and most of us know what we should be eating – we just need to be reminded every now and then. Keep the following tips in mind:

- Avoid overly processed food – it's often high in salt, sugar, fat and preservatives.
- Steer clear of fried food where you can – choose grilled, baked or stir-fried options instead.
- Keep alcohol to a minimum – it dehydrates you.
- Eat plenty of fresh seasonal fruit and vegetables.
- Eat local. If you're by the sea, indulge in freshly caught seafood, and check out local markets and produce stores.

ONE MORE DRINK?

Many of us associate holiday time with drinking. Cocktails by the pool, pre-dinner aperitifs, wine with dinner, champagne



breakfasts... on it goes. And while it may be fun at the time, overindulging in alcohol can lead to dehydration, depression, insomnia, fatigue, nausea and vomiting. It doesn't help much if you're trying to lose a few kilos either.

Try to drink in moderation. Save your alcohol intake for dinner and treat yourself to a glass of wine to accompany your meal. Natural mineral water with a squeeze of lemon or lime can be a refreshing and hydrating change.

MORE THAN SKIN-DEEP

Your resort may offer pampering services like facials and massages, or you can check out local centres. If you've been neglecting your skin for a while, why not try a nourishing facial? It can help smooth out any blemishes and also rehydrate your skin. Or perhaps your feet could do with a massage and pedicure after all the walking you've been doing. Feeling a bit tense and sore? Organise a massage at your property.

If you feel comfy in your room and don't want to head out to a salon, you can DIY your pampering. Give yourself a pedicure and manicure one day, then a deep moisturising facial the next. If you're a multitasker, you can slap on a hydrating face mask and pop a slice of cooling cucumber over each eye before you meditate.

Make your next getaway relaxing, rejuvenating and healthy and you'll arrive home feeling refreshed and more than ready to take on the challenges of everyday life. And who knows? Maybe some of those lifestyle changes you've made will stick for the long term.

MEDITATE

Before you say you find it impossible to meditate, give it one more go. You don't have to completely empty your brain and enter another realm – just aim for some relaxation time. Here are some suggestions to get you started:

- Try to organise some quiet time to yourself every day. Aim for at least half an hour.
- If you're near the ocean, sit or lie on the beach with your eyes gently closed and focus on the lulling crash of the waves and feel your worries fade away.
- If you're near a revitalising forest, sit yourself on a rock or lay out a rug and breathe deeply as you take in the sounds of nature.
- If you'd rather the comfort of a bed, set up a relaxing sanctuary in your room. Light some relaxing candles or burn soothing essential oils to set the scene. Then play a guided meditation to help you really let your cares go.
- If you find it too difficult to meditate, take a nap each day.

SIT BACK AND RELAX

It's time to focus on you. When you're away from the grind of daily life, it's much easier to relax and concentrate on what's really important. If you're away with your family, try to organise some time out on your own to replenish those energy levels.

DINING IN

If your unit has kitchen facilities, your options are limitless. Stock up on healthy cookbooks and plan your meals. Choose options that suit the climate as well – think spicy stir-fries and salads with grilled meat or fish.

Keeping your cooking in-house also means you'll have super-healthy breakfast and snack options at hand. Here are a few ideas:

- Nuts, seeds and trail mixes.
- Fresh fruit.
- Chopped veggies and hummus dip.
- Ditch the juice and soft drinks and aim to drink two litres of water each day.
- Smoothies for breakfast. Try a delicious banana, coconut and ginger combination or stick to a more traditional mixed berry and low-fat yoghurt shake.
- For a really sustaining start to the day, poach a couple of eggs and accompany them with some mushrooms, tomato and guacamole – yum!



A MESSAGE THAT'S JUST RIGHT

With so many varieties of massage out there, it can be daunting choosing just one. Here we give you the lowdown on the various techniques available so you can choose the one that's best for you. Be sure to let the therapist know if you're pregnant or have any pre-existing injuries.

AROMATHERAPY MASSAGE

The therapist uses a blend of essential oils to help you relax and unwind. You may be asked if you have any health concerns and appropriate oils will be chosen to enhance the healing process.

SPORTS MASSAGE

Used to help you recover from injuries and encourages tired muscles to relax and recover.

REMEDIAL MASSAGE

Often used to help with soft-tissue injuries.

THERAPEUTIC MASSAGE

This popular form of massage is also known as Swedish massage. It's used to help stimulate circulation, promote healing and relax the muscles and joints.

REFLEXOLOGY

Reflexology focuses on the feet. The therapist massages certain points to help promote overall health.

SHIATSU

Shiatsu follows a similar philosophy to acupuncture, aiming to enhance energy flow through meridians in the body. A variety of pressure points are focused on, depending on your individual needs.

HOT-STONE MASSAGE

Smooth stones are heated and placed on various parts of the body to help soothe and loosen muscles. The therapist may also apply pressure with the stone.

DEEP-TISSUE MASSAGE

If you really want to get rid of those knotted shoulders – and you don't mind a bit of discomfort – this is the massage for you.



STAY

RCI AFFILIATED RESORTS TO CHOOSE WHILE ENJOYING YOUR HEALTHY HOLIDAY INCLUDE:



Wyndham Vacation Resorts Wanaka CO04

Wanaka, New Zealand
Enjoy the many delights of the South Island. Only a short stroll from the lakeshore and just 1.5 km from the heart of the village.



Murray Valley Resort 0953

Yarrawonga, Victoria
Close to Lake Mulwala, enjoy waterskiing, windsurfing, canoeing, swimming, fishing, winery tours, golf, horseback riding and more.



Mariner Shores 1726

Gold Coast, Queensland
Located at Burleigh Beach, nearby the Burleigh Heads National Park and a multitude of restaurants, surf clubs, walking and cycle paths.



Nepean Country Club and Day Spa 1169 Boneo, Victoria

In the heart of the Mornington Peninsula, Nepean boasts a day spa, close to many golf courses, plenty to keep the entire family active.



The Moorings 1174

Tomakin New South Wales
Only 8kms to Bateman's Bay guests can enjoy restaurants, modern shopping, fishing, local art and crafts, and the Mogo Zoo.



Cedar Lake Country Resort 0168

Advancetown, Queensland
Quite location with plenty of offer including, biking, bushwalking, tennis, outdoor pools, two spa pools, canoeing, paddleboats



Tamarind Sands 5716

Bogangar New South Wales
Pristine beaches, surfing, fishing, restaurants, shops all close by. Backs onto a national park wildlife, tennis court, swimming pool.



Lakeside Country Club 1172

Numurkah, Victoria
Set on 65 acres and plenty of onsite activities, horseback riding, waterskiing, bush-walking and winery tours, 35kms from Shepparton.

For additional resort listings,
visit RCI.com or call 1300 368 800 AU or 0800 368 800 NZ

BEAUTIFUL BORACAY

BY CHLOE SCHNEIDER

Located in the Western Visayas region of the Philippines, Boracay is a small island approximately 315km south of Manila and just 2km off the northwest tip of Panay Island. It has quickly become a favourite for travellers looking to relax and unwind.





Igor Plotnikov / Shutterstock.com



ISLAND OF PLENTY: Boracay is the definition of a tropical island, perfect white beaches, crystal clear waters in every shade and tone of blue and all of the watersports and activities that you would expect to go along with it.



GETTING THERE

As the area has grown, airlines have been gradually adding flights to meet demand, making getting to the island slightly easier. A little competition also means the lower prices make for a less expensive trip. Still, there are no direct flights, so getting there will require a journey by sky, land and sea.

The most common route involves flying to either Caticlan or Kalibo, then taking a vehicle to Caticlan Jetty Port where, from 5am to around 10pm, boats are available to take you on the 10-20-minute ride.

Depending on the season, you will arrive on either Tambissan Jetty or Cagban Jetty in Boracay, where a trike will be available to take you to your resort.

BEACH-HOPPING

White Beach is the famed, so-beautiful-it-hurts stretch of sandy beach on the island, and for good reason. No Instagram snapshot can do the pristine, powdered-sugar sand and crystal-clear water justice. The only drawback is that, as is common of popular spots, peak seasons can see it get busy.

If you're craving tranquility, keep walking around the point from the north end of White Beach to find Diniwid Beach or, better yet, book an island-hopping tour. Typically these tours will involve a trip out to Crocodile Island (which, thankfully, is named for its shape and not its residents), Crystal Cove, Puka Shell Beach and Panoly Beach.

Travellers craving an off-the-beaten-track experience can swim or snorkel to beaches like Ilig-Iligan Beach, where your adventure will be rewarded with incredible views of limestone islets.

ISLAND ACTION

If you find yourself with some steam to blow off, rest assured there is no shortage of water sports and activities to get your heart racing.

One of the most popular is cliff diving at Ariel's Point. The point is around 35-45 minutes away by boat, so visitors generally book a day trip including transportation, snorkelling, cliff diving and a barbecue buffet lunch. A word to the wise: book at least one day ahead.

Want more? All the usual island suspects, including scuba diving, parasailing, stand-up paddle boarding, sailing and jet skiing can be booked by hotel staff, and if you're looking for a white-knuckle experience to remember, the Flyfish ride, where a giant

inflatable fish is pulled along by a speedboat, is a must.

If all that hasn't left you exhausted, the island practically transforms into a giant outdoor nightclub when the sun goes down, so you can dance the night away while world-class DJs play and fire dancers line the beach.

LOCAL DELICACIES

Food on the island is plentiful and, if you know where to go, incredible. Lechon, or suckling pig, is a local delicacy in the Philippines and, although it is said Cebu has the best of it, you can find crispy-skinned, flavourful and unforgettable meat in Boracay.

If seafood's your thing, D'Talipapa, a famous wet market where you can buy live seafood from stall vendors and have it cooked just to your liking at nearby restaurants, will quickly become your personal paradise. If seafood's not your thing, this just might be the experience that changes your mind.

Sweet teeth have not been forgotten – mango shakes, coconut water, exotic island fruits and baked goods (the Calamansi muffins from Real Coffee are legendary) are sure to satisfy.



FRESH IS BEST: Where else can you select seafood direct from the ocean and have it cooked for you immediately? If you can wait an hour or two you may choose a table with an unbeatable view right on the seafoods doorstep.



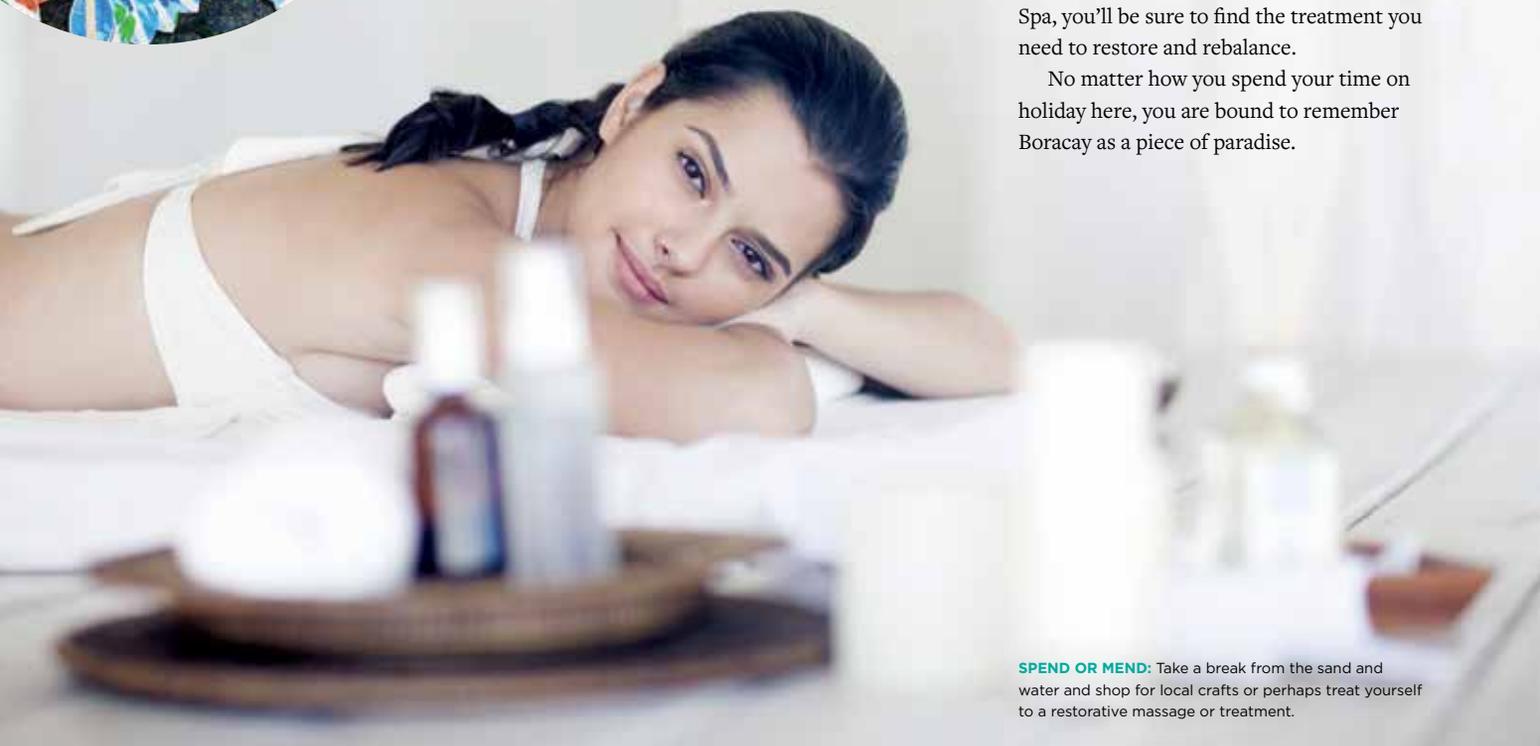
SHOP AND SPA

Tourists looking for a shopping spree won't find their salvation in Boracay, but you certainly won't go home empty-handed. Along the beachside, you'll find brightly-coloured strands of handmade beaded

necklaces and bracelets that will make the perfect trinket to take home, and D'Mall is a partially open-air shopping centre that will cover all your basic needs.

If you'd rather indulge in spas than shoes, you're in luck. Between the tranquil Mandala Spa located on the hilltop above Angol Road, the exotic Tirta Spa and the Chi Spa, you'll be sure to find the treatment you need to restore and rebalance.

No matter how you spend your time on holiday here, you are bound to remember Boracay as a piece of paradise.



SPEND OR MEND: Take a break from the sand and water and shop for local crafts or perhaps treat yourself to a restorative massage or treatment.

CHECK
OUT



Palawan Island

is another up and coming destination to check out in the Philippines.

Palawan is known for its tropical beaches and wildlife sanctuaries, as well as for being home to some of the best scuba diving sites in the world. San Rafael is just a short drive from Puerto Princesa City, where visitors can find a host of shopping and dining options. Puerto Princesa, known as one of the cleanest and greenest cities in the world, also serves as the venue for conferences, festivals, sporting events and other activities.



STAY

RCI AFFILIATED RESORTS TO CHOOSE IN THE PHILIPPINES INCLUDE:



Boracay Regency Beach Resort A548 Malay, Aklan, Philippines

Located in the middle of the famed White Beach enjoy the breath-taking view of the sea. Tastefully designed rooms that evoke elegance and comfort. Wine and dine in our restaurants that will surely satisfy your palate. Take a swim in the sparkling waters of our uniquely-designed swimming pools as you relax and enjoy your vacation.



Astoria Palawan C948

San Rafael, Palawan Island

Enjoy a relaxing and pampering holiday experience with fun in the sun along the resort's beachfront. In an effort to create a natural, eco-friendly environment, the resort incorporates a rustic, modern design that utilises raw concrete, local stones and sustainable building materials.

For additional resort listings, visit RCI.com or call 1300 368 800 AU or 0800 368 800 NZ

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FLORIDA

CUBA

DOMINICAN REPUBLIC

PUERTO RICO

ST MARTIN





Sit and chill, you're on island time now.
Viewpoint over Philipsburg.

slow down

ON ST. MARTIN

You're on island time - no need to rush. Explore the place on foot by taking one of these scenic hikes.

BY STIRLING KELSO

If you've ever studied a map of St. Martin, a 34-square-mile French-Dutch island in the Caribbean, you may have noticed that the French side is bigger - a lot bigger. According to legend, the border was determined by a Frenchman and a Dutchman who found themselves in Oyster Pond, on the east coast. Having agreed that the spot at which they met on the island's other side would determine the dividing line from Oyster Pond, the two parted ways and raced around the perimeter. En route, the Frenchman drank wine. The Dutchman? He chose gin.

Because intrepid pioneers first explored this island on foot, it's only appropriate that travellers today strap on their kicks and follow their example. And since St. Martin's hiking trails are largely undiscovered - they're competing with diversions such as French restaurants, lively beach bars and casinos, after all - you'll be rewarded with the same cliff-side views, quiet beach coves and untamed wildlife that probably lured the island's European founders. Below we've outlined some favourite trails.



Pinel Island

Boats (tickets, \$12) leave St. Martin's northeast coast every half hour to get to this small isle, uninhabited except for a few restaurants and bars. After disembarking, most travellers settle on yellow beach chairs, leaving the rest of Pinel for explorers. Paths cut through high grasses and purple-flowered sea potato vines, leading to a seaweed-covered beach that makes for great shelling. Farther along you'll spot a scenic slope where the island's iguanas—some quick and green, others ancient and gray—congregate, sunning themselves on warm stones.

A flat trail through blooming agaves and thick shrubs leads to another empty crescent of sugar-white sand on Pinel's east coast. Look for marine life ranging from thumbnail-size crabs to dark red sea urchins. The beach is also a nesting ground for green and leatherback turtles, though sightings are rare.

If you're hungry, grab a table at Karibuni (Pinel Island; 011-590-690-39-67-00; karibunipinel.com; lunch for two, \$85, on the island's main beach. Besides conch-filled pineapple salad and whole roasted

snapper, there's grilled spiny lobster with butter and garlic. Crustaceans can get pricey, though; for a less expensive lunch, try a hot ham-and-cheese sandwich at Snack Pinel (Embarcadère de Cul de Sac; 011-590-690-61-55-01; no website; lunch, \$15, back on the mainland.

Back Bay

While it's just minutes from the town of Philipsburg, few people know that this scenic 2.5km hike exists, as its trailhead is at the end of a neighborhood street. The path itself is well kept, though, and travellers who take the time to find it will be rewarded with dramatic views of undeveloped cliffs and crashing turquoise waves.

Steep grassy hillsides are punctuated by black boulders, and stretches of tall grasses ripple in the Caribbean breezes. The hike is mostly flat with a few short inclines, but you may encounter low-lying native plants, some of which, such as endangered pope's head cacti and acacia, have thorns, so wear pants and good walking shoes. Follow the trail for 50 minutes to a route that zigzags down to a natural pool at the ocean's edge.



Paradise Peak

At just over 420 metres, Pic Paradis, or Paradise Peak, is the highest point on St. Martin. To anyone who has hiked the Appalachians or Rockies, this trek may not look challenging, but don't let the green hill fool you. Trailheads begin at Loterie Farm (103 Route Pic Paradis, Rambaud; 011-590-590-87-86-16; loteriefarm.com) the original owner acquired the land rights in a lottery—an adventure center with zip lines, a children's play area and three restaurants. Stop at the reception desk for a hiking map (\$8.50) and instructions; guided hikes are also available (\$40; advance reservations required).

Moss-covered signs point you through the route's lowlands, already dense with foliage. You can't help but hum the theme from Indiana Jones as you swipe aside hanging tree roots or grab thick ropes to hoist yourself up steep inclines. Farther along the 3.2km trek, you'll pass an abandoned sugar mill and rewarding overlooks of coastal towns Marigot and Philipsburg and may even spot mongoose and elusive wild monkeys. Nothing beats the peak, from whose 360-degree lookout point St. Martin and other, distant Caribbean islands are unfurled below you.

TRAIL MIX: (clockwise from opposite page) Take the Paradise Peak Trek and you will find the City of Marigot and other picturesque coastal towns. If you need a break from mother nature, shopping in Philipsburg could be for you. Hiking is big on St Martin, you don't have to travel far to be rewarded with magical views and historic relics. When the sun goes down it's time to fuel up in the bars and restaurants on some fine Caribbean fare, cold beer, hot spices and the sort of seafood you would expect from this amazing region.



EAT

Enoch's Place

Follow locals to this no-frills restaurant on market days for fried red snapper and piping-hot johnnycakes. Arrive early—the fish sells out fast. *Marigot Farmer's Market, Marigot; 011-590-590-29-29-88; breakfast for two, \$25*

L'Estaminet

A nice alternative to the traditional French eateries in Grand Case. Try modern dishes, like sole with vanilla butter, foie gras with a granita. *139 Grand Case Blvd., Grand Case; 011-590-590-29-00-25; dinner for two, \$146*

Lazy Lizard

Many dishes at this waterfront restaurant in Philipsburg have an Indian twist (curried chicken, a spiced burger). Sample cocktails with house-infused liquors. *29 Great Bay Boardwalk, Philipsburg; 011-721-580-7888; lazylizardsm.com; lunch for two, \$37*

Trellis

This elegant restaurant at the Belmond La Samanna hotel has dining nooks overlooking the water. The steak tartare and conch stew are standouts, as is the wine list. *Baie Longue; 011-590-590-87-64-00; belmond.com; dinner for two, \$180*

La Villa

A French spot with candlelit tables. Don't miss the garlicky escargot, lobster-stuffed ravioli or house-made passion-fruit rum. *93 Grand Case Blvd., Grand Case; 011-590-590-52-36-59; lavillasxm.com; dinner for two, \$146*



FRIAR'S BAY ●

Friar's Bay

Locals talk of a lengthy hike that begins and ends in Grand Case, a town on the French side. It's a beautiful but confusing route, so we picked out our favorite portion, a 20-minute walk connecting Friar's Bay and Happy Bay.

Fuel up with an espresso at Friar's Bay Beach Café (Friar's Bay Beach, La Savane; 011-590-690-49-16-87), then head north to a peninsula trail that rewards you with views of bobbing sailboats. Wildlife is pretty easy to spot: You may pass cows munching on sea greens as well as pelicans, brown boobies and migrating red-billed tropical birds.

The lesser-known Happy Bay, a ring of canvas-colored sand outlined in waxy beach plums and royal palms, is a great spot to watch the sunset, so before you make the trip, pack some provisions. Stalls

at Marigot's Farmer's Market (Marigot Harbor), held Wednesday and Saturday, sell everything from fresh fruits and vegetables to spices and passion-fruit liqueurs. Close by, La Sucrière (Front de Mer, Marigot; 011-590-590-51-13-30) has baguettes and almond- and apricot-filled pastries. Round out the picnic basket with cured meats and fromage from Simply Market (Central Marigot; no phone), a French grocery store. You'll also find a nice wine selection.

The Frenchman would be pleased. 



Additional Hiking Resources:

Joyce Tours and Services Along with private-boat excursions and town history tours, island-based trip planner Joyce Prince can set you up with hiking guides who lead everything from beach walks to advanced jungle treks. *5 Davis Dr., Middle Region; 305-831-5742; joyceprince.com*

Saint Martin Trails Hiking Club This crew of passionate hikers leads weekly morning jaunts along the island's popular paths as well as lesser-known routes. The website also outlines some favorite journeys on foot. Email in advance to reserve your spot. *stmartintrails.com*



STAY

RCI AFFILIATED RESORTS ON ST. MARTIN INCLUDE:



Royal Islander Club La Plage 1380 Beachfront resort with plenty of amenities. Maho Bay

MEMBER REVIEW: "We really enjoyed the resort as well as the rest of the island." "Clean, well-maintained resort with very helpful, friendly staff." "The views from the room were breathtaking."

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Weekenders

EAST OR WEST

New resorts for you to visit



Lands end on Miyazaki



J'S NICHINAN RESORT D867

Miyazaki-Ken, Japan

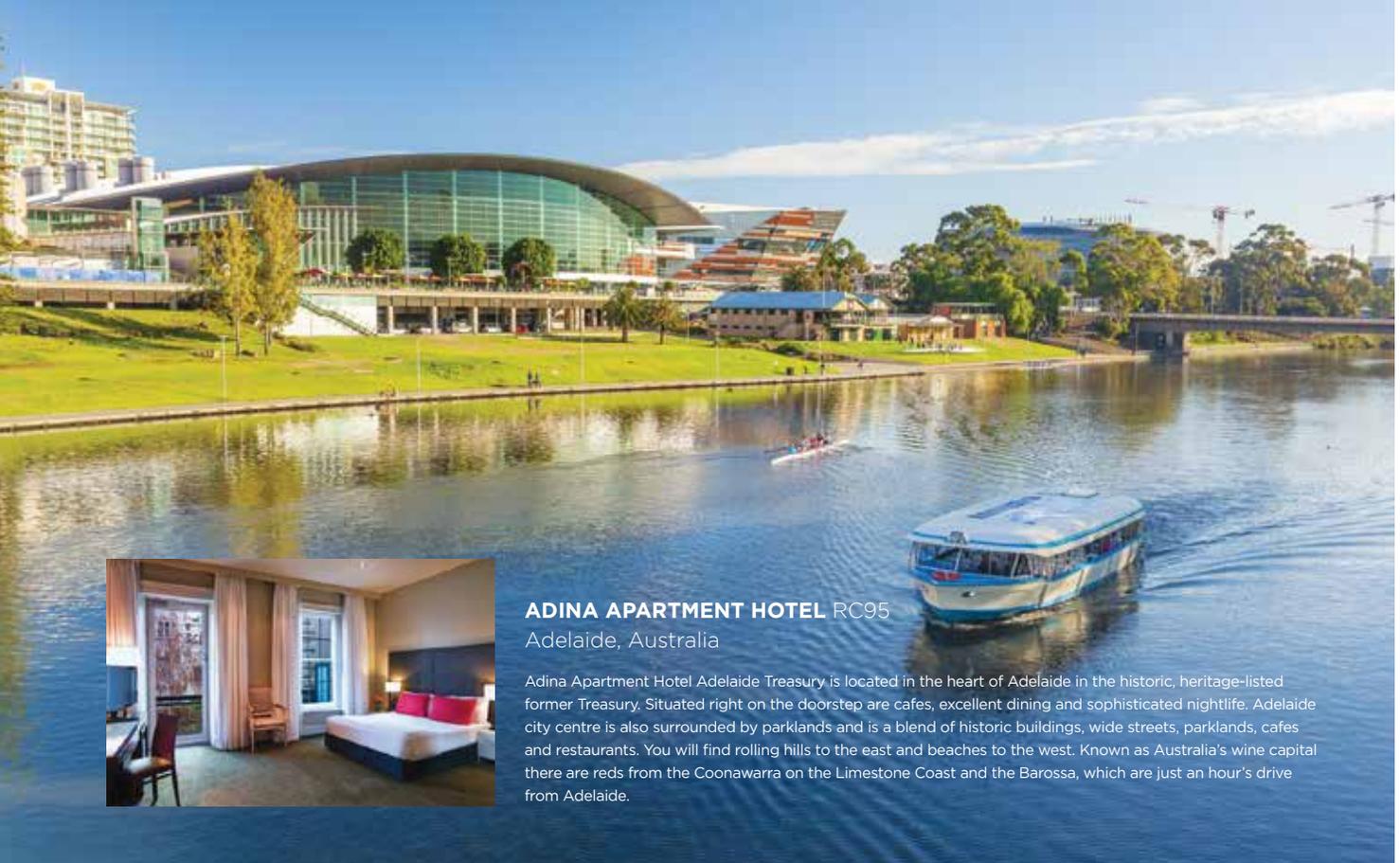
Combining traditional Japanese style with simple Western comforts, J's Nichinan Resort offers guests an ideal place to experience Nichinan. With many different attractions within 15 minutes to an hour of the resort, guests can explore the destination and return to the resort's amenities, which include an onsite restaurant, pool, outdoor spa with aromatherapy treatments, 18-hole golf course with gorgeous views, Korean-style granite steam sauna, and entertainment options like karaoke. For added convenience, guests can also take advantage of the resort's concierge services during their stay.



J'S KOBAYASHI GOLF & RESORT D866

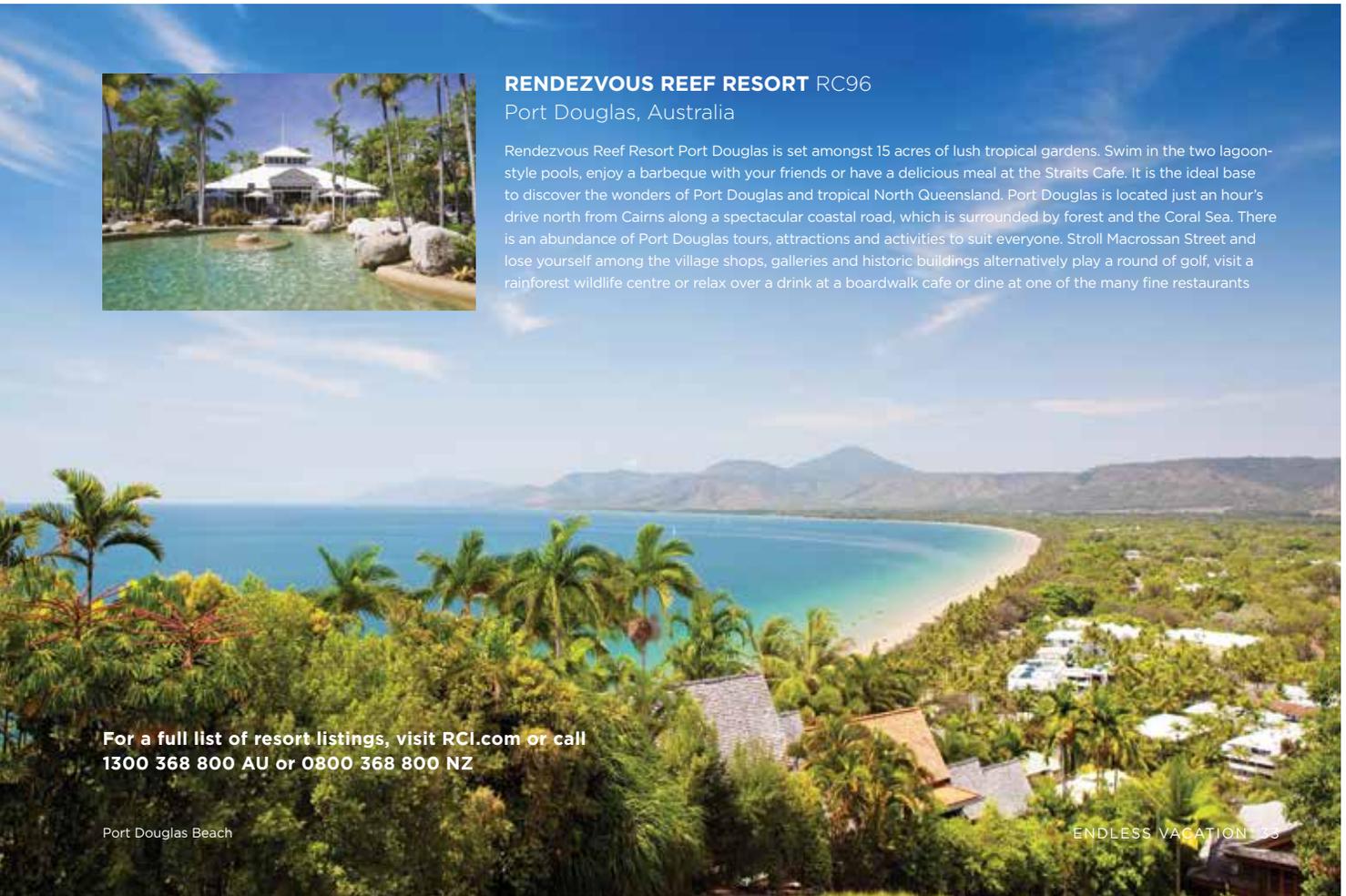
Miyazaki-Ken, Japan

The resort's prime location in one of the most vibrant areas of Kyushu offers many exciting activities for vacationers. Families and couples can enjoy the resort on-site hiking trails for daytime adventure, as well as take a walk its pristine greens for a round of golf. Work up a sweat at the fitness center and then pamper yourself with a massage at the spa. Enjoy a bite to eat at the resort restaurant or make your own delicious dish on the outdoor grills



ADINA APARTMENT HOTEL RC95
Adelaide, Australia

Adina Apartment Hotel Adelaide Treasury is located in the heart of Adelaide in the historic, heritage-listed former Treasury. Situated right on the doorstep are cafes, excellent dining and sophisticated nightlife. Adelaide city centre is also surrounded by parklands and is a blend of historic buildings, wide streets, parklands, cafes and restaurants. You will find rolling hills to the east and beaches to the west. Known as Australia's wine capital there are reds from the Coonawarra on the Limestone Coast and the Barossa, which are just an hour's drive from Adelaide.



RENDEZVOUS REEF RESORT RC96
Port Douglas, Australia

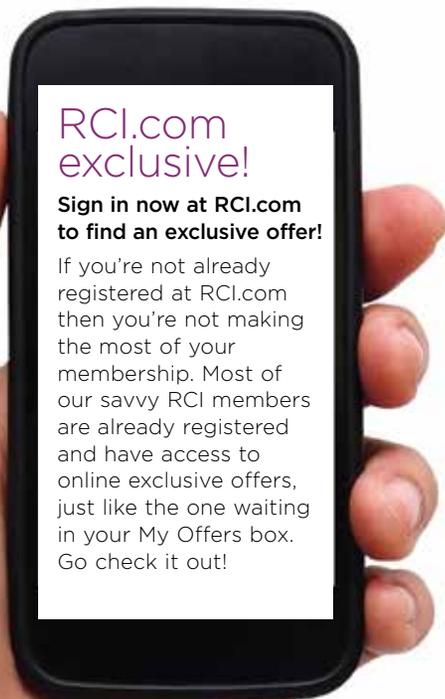
Rendezvous Reef Resort Port Douglas is set amongst 15 acres of lush tropical gardens. Swim in the two lagoon-style pools, enjoy a barbeque with your friends or have a delicious meal at the Straits Cafe. It is the ideal base to discover the wonders of Port Douglas and tropical North Queensland. Port Douglas is located just an hour's drive north from Cairns along a spectacular coastal road, which is surrounded by forest and the Coral Sea. There is an abundance of Port Douglas tours, attractions and activities to suit everyone. Stroll Macrossan Street and lose yourself among the village shops, galleries and historic buildings alternatively play a round of golf, visit a rainforest wildlife centre or relax over a drink at a boardwalk cafe or dine at one of the many fine restaurants

For a full list of resort listings, visit RCI.com or call
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RCI Weeks exchange holidays, you can book two years in advance of check in

RCI Points exchange holidays, you can book 10 months in advance of check in

Use your Deposit Credits to book a second holiday!

The average Deposit Trading Power of a Deposit Credit is 10 and is enough for another holiday.

Understanding Deposit Credits

You receive a Deposit Credit when you exchange your Deposit for one with lower Exchange Trading Power than your available Deposit Trading Power. The difference in trading power is put back on your account in the form of a deposit, to use toward future exchanges. This "left over" Deposit Trading Power is known as a Deposit Credit.

DEPOSIT CREDIT



YOUR DEPOSIT'S
TRADING POWER
OF 20

—



YOUR EXCHANGE
HOLIDAYS TRADING
POWER OF 15

=



YOUR DEPOSIT
CREDIT OF 5



Inside Tips Deposit Credits are a great way to increase your Deposit Trading Power without giving up a full week. If you have a Deposit Credit on your account consider using it first when combining.

What Can I Do With My Deposit Credit?

Exchange it for another holiday

You can use your Deposit Credit on its own to search for and book a second holiday. Simply select the Deposit Credit to search against and find available exchanges with equal or less trading power. It's like getting two holidays for just one week!

Combine it with another Deposit or Deposit Credit

You can combine your Deposit Credit with another deposited week, or another Deposit Credit, to increase that Deposit's Trading Power. With higher trading power you will have access to trade into an exchange holiday with higher trading power than that of your original Deposit. This can give you access to more exchange options than you had previously.

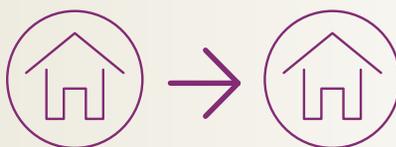
What EXACTLY is a Combined Deposit?

Combined Deposits allow you to combine multiple deposits or Deposit Credits for a fee, and turn them into one combined "week" with higher trading power. Each of your Deposited weeks, combined Deposits or Deposit Credits has a Deposit Trading Power assigned to it. When you combine any of these, they appear as one week with a new higher Deposit Trading Power. You can then book an exchange that requires more trading power than your original week had. You might be able to book a holiday you never thought possible! It's a great way to get that extra special holiday you've been dreaming of.

How Long Does it Take Before I Can Use My Combined Deposit?

You can use it right away! Once you select the weeks you want to combine and pay the combine fee, you will be able to use the Combined Deposit right away. There is no wait time required!

EXCHANGE FOR A HOLIDAY



YOUR DEPOSIT CREDIT

YOUR EXCHANGE HOLIDAY'S TRADING POWER

COMBINED CREDITS



YOUR DEPOSIT CREDIT OF 5

ANOTHER DEPOSITED WEEK OF 15

COMBINED DEPOSIT'S TRADING POWER



Inside Tips Make sure the holiday you want is available for the dates you want before you combine two full weeks.



For more information www.rcipacific.com.au/Insiderci or call 1300 368 800 AU or 0800 368 800 NZ

Easy steps to your next

The RCI Directory is your key to your next great exchange holiday with

What to do when you've found your destination? To find and book your RCI Exchange, follow these steps on RCI.com:

1. Enter your login details under SIGN IN on the RCI.com homepage. You will need your username and password. Select either Weeks or Points (depending on your membership type) and click on 'sign in'. Or, if you do not have an existing account, register for one by clicking on the "Sign up now" button.
2. Once you have logged in, click on "search for a holiday" on top of the page.

You can search for exchanges depending on your exact requirements. You can select options from

- (a) Region or check in date range from the list on the left
- (b) Click a location on the map
- (c) Enter a specific resort ID
- (d) Or use the advanced search option to search by a range of things like types of exchanges specific dates and more

Filter your search results by destinations, dates, holiday types, unit size, length of stay, resort amenities, member reviews and more.

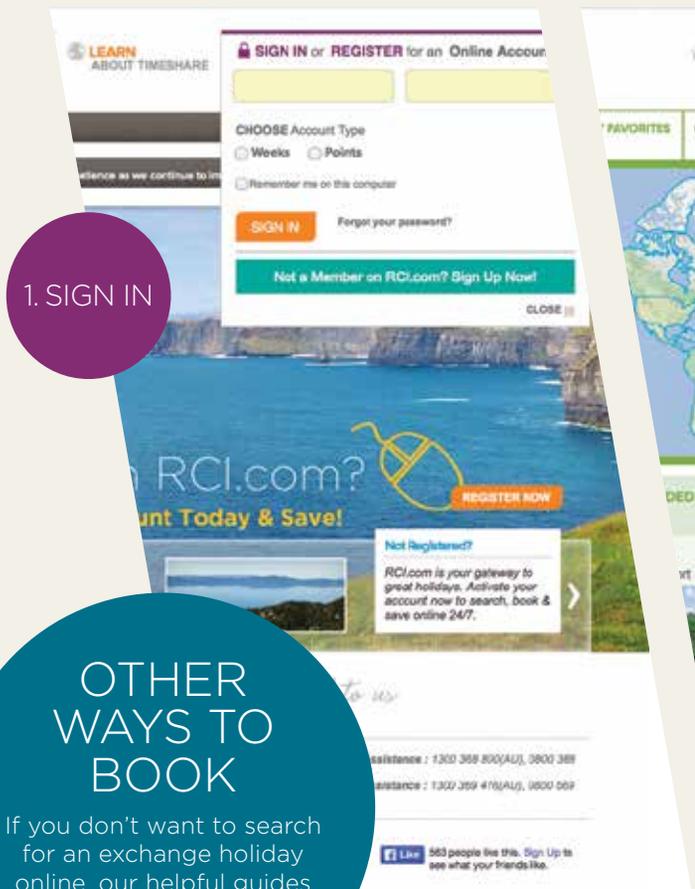
3. Review your results - you'll see the resort rating, check-in date range and unit sizes available as well as the Weeks exchange trading power range or Points range for all available units.

If you've found what you are looking for, click 'Available Units' to move on.

4. You'll see all available check-in dates at your chosen resort. Select the unit size and check-in/check-out dates that suits you.

Once you have selected your unit you'll be directed to the check-out page.

Click 'confirm' and pay your exchange fee.



1. SIGN IN

OTHER WAYS TO BOOK

If you don't want to search for an exchange holiday online, our helpful guides will take you through the process.

exchange holiday

plenty of ideas on what to do and lots of great resorts to suit your needs.

2. SEARCH

The left screenshot shows the RCI search interface with filters for Region (Australia & South Pacific, Australia, New Zealand, South Pacific), Check-in Date Range, and Test of World. A world map is visible with a red dot indicating a location. The right screenshot shows the search results page with a list of resorts, including Algea Hervey Bay and Arla Sands, and a search options sidebar.

3. RESULTS

4. SELECT

Unit Type	Max Occup (Privacy)	Kitchen	Check-in Date	Check-out Date	Price
2 Bedrooms	4 (4)	Full	Sat 11-Oct-2014	Sat 18-Oct-2014	AUD 919.00
2 Bedrooms	4 (4)	Full	Sat 18-Oct-2014	Sat 25-Oct-2014	AUD 919.00
2 Bedrooms	4 (4)	Full	Sat 25-Oct-2014	Sat 01-Nov-2014	AUD 919.00
2 Bedrooms	4 (4)	Full	Sat 01-Nov-2014	Sat 08-Nov-2014	AUD 919.00
2 Bedrooms	4 (4)	Full	Sat 08-Nov-2014	Sat 15-Nov-2014	AUD 919.00
2 Bedrooms	4 (4)	Full	Sat 15-Nov-2014	Sat 22-Nov-2014	AUD 919.00
2 Bedrooms	4 (4)	Full	Sat 22-Nov-2014	Sat 29-Nov-2014	AUD 919.00
2 Bedrooms	4 (4)	Full	Sat 29-Nov-2014	Sat 06-Dec-2014	AUD 919.00

DID YOU KNOW?

MEMBERS IMPORTANT UPDATE: At RCI we want you to have the best experience and enjoy your holiday. Please take the time to read these important tips, so we can help you.

IMPORTANT INFORMATION

You **MUST** download this as it has information about the resort including how to get there, if there are any security deposits and any urgent information you need to know.



Tips for RCI members who own resorts outside the Pacific region

1. Current years maintenance levies must be paid before asking RCI to deposit you weeks.
2. If you own a floating week you must contact the resort for an allocation prior to contacting RCI to deposit your week. RCI require either start date and unit number or reservation number.

RCI

Member Id: 1234-00000

JOHN & JANE SMITH
100 SUNNYSIDE LAKE
SINGLETON NSW 2330

RCI Pacific Pty Ltd-Australia
PO Box 6405 CMC, Qld 4726
Ph: Toll Free 1 800 368 800 Fax: 07 5588 9988

RCI Pacific Pty Ltd-New Zealand
PO Box 11561, Ellerslie, Auckland, New Zealand, 1542
Ph: Toll Free 0 800 368 800 Fax: 0400 183 625
Web: www.rci.com Email: pacific.member@rci.com

RCI Reservations Consultants are available:
Monday-Friday 4:30 AM - 7:00 PM EST
Saturday 9:00 AM - 2:30 PM EST

HOLIDAY CONFIRMATION

Pack Your bags! You're going on holidays! Congratulations.

RCI is pleased to confirm your holiday into the following resort:

MARINER SHORES RESORT
260 THE ESPLANADE
MIRAMBI 4226 AUSTRALIA

Please present this confirmation form when you arrive. The resort staff will then confirm your unit details and give you further instructions.

Conf Date	Check In	Check Out	Bedroom	Dec Max	Dec Priv
21 Dec 2014	24 Apr 2015 18:00	01 May 2015 10:00	2	06	06

For important information about your holiday please [Click Here](#) to download the Resort Profile.

Terms and Conditions: 1. LATE CHECK-IN: Please notify the resort in advance if you anticipate a late arrival. 2. TRANSFERRING AN EXCHANGE: This confirmation is transferable only through RCI Guest Certificates. 3. FEES AND ASSIGNMENTS: Where you utilize the RCI booking system, you warrant that you have paid, or will pay when due, all maintenance fees and other assessments with respect to the holiday time you own at your resort. 4. GUEST CERTIFICATES: The RCI member who received the confirmed booking is the only individual who may request a Guest Certificate. 5. CANCELLING A BOOKING: Please notify RCI by telephone or in writing if your plans should change. The following cancellation fees apply. Cancellation Fees (one time before start date): - 30 days or more: \$75.00 - 29 days or less: Full Fee. 6. PLEASE CONTACT THE RESORT TO ADVISE OF YOUR PARTY SIZE AND BEDDING CONFIGURATION REQUIREMENTS.

Before making your travel arrangements, be sure to contact one of our professional RCI Travel Consultants. RCI Travel is an exclusive travel agency offering sensational rates and quality service. You can call RCI Travel toll free on 1300 301 044 (AUS) or 0800 301 044 (NZ).

Have a pleasant and relaxing holiday!

RCI Travel

Why not ask us about the fantastic member rates and exclusive member benefits we offer on TRAVEL INSURANCE, including Loss of Exchange Fees and Maintenance Levies. RCI Travel Insurance is underwritten by CIBI Insurance (Australia) Limited (ABN 78 003 181 035). A Product Disclosure Statement (PDS) should be considered before purchase. Available from www.rci.com or phone 1300 301 044 (AUS).



Planning on giving your holiday to family or friends?

Make sure you purchase them an RCI guest certificate* (A\$30).

They will need to provide this with the exchange confirmation, as they will not be allowed to check in without it.

*Guest Certificate may not be used for any commercial purpose, including rental or sale.



RESORT NAME CHANGE

1296 Amora Lake Resort Okawa Bay is now
1296 VR Rotorua Lake Resort

Because your holiday means the world to us®

GIFT CERTIFICATES ARE ALSO AVAILABLE FOR BONUS WEEKS

RCI BONUS WEEKS

Did you know you can enjoy an additional week without depositing?

Bonus Weeks GETAWAYS

AVAILABLE WITHIN 45 DAYS OF TRAVEL AND THERE'S SOME EXCELLENT DEALS TO BE HAD.

GIVE YOURSELF A TREAT, STRETCH YOUR HOLIDAY BUDGET WITH RCI BONUS WEEKS!

BONUS WEEKS ARE EXCESS EXCHANGE ACCOMMODATION OFFERED AS CASH HOLIDAYS.



HURRY
LIMITED
AVAILABILITY
7 NIGHTS
from **AU\$199**
NZ\$249

Take advantage of our fantastic deals! Visit www.rcipacific.com.au/bonusweek
Call an RCI Reservation Consultant on **1300 368 800 AU** or **0800 368 800 NZ**

Subject to limited availability at time of publishing, Limited availability. No Spacebank or RCI Points contribution required.



MANTRA ON JOLIMONT

Jolimont, Melbourne Victoria

Offering contemporary and comfortable accommodation, travellers will find a range of Melbourne's most vibrant furnishings and excellent public transport options within close proximity to the Mantra on Jolimont.

5 nts from
AU\$899/NZ\$959 Studio
AU\$999/NZ\$1059 1 brm



ADINA APARTMENT HOTEL

South Yarra, Melbourne Victoria

The Adina is located just 5 minutes away from trendy shopping boutiques along Toorak road, the railway station and the tram stop. A further 5 minute walk will take you to the vibrant retail and dining precinct of Chapel Street.

7 nts from
AU\$1199/NZ\$1279 1 brm



ADINA APARTMENT HOTEL

St Kilda, Melbourne Victoria

Located in the heart of St Kilda and only moments from the attractions like Lunar Park. Eateries, cafes and designer shopping are right on your doorstep.

7 nts from
AU\$1199/NZ\$1279 1 brm



TRAVELODGE SOUTHBANK HOTEL

Southbank, Melbourne Victoria

Ideally positioned for you to experience all that this vibrant city has to offer. The hotel is within easy walking distance to great restaurants and cafes, impressive shopping, renowned art galleries and the Crown Casino.

3 nts from **AU\$399/NZ\$429** Hotel

4 nts from **AU\$539/NZ\$579** Hotel



TRAVELODGE HOBART HOTEL

Hobart, Tasmania

Located in the heart of historical Hobart you're just a short walk away to some of city's most charming dining locations. The hotel is ideal to use as a base to explore all the attractions of the city.

3 nts from

AU\$399/NZ\$429 Hotel

4 nts from

AU\$499/NZ\$529 Hotel



CAIRNS BEACH RESORT

Cairns, Queensland

Enjoy the tropical gardens and saltwater pool and dine at Coolums on the Beach, a beachfront restaurant and bar and relax to the sounds of the waves lapping at the shore. Only 10 minutes drive from most area activities.

7 nts from

AU\$799/NZ\$849 1 brm



BREAKFREE IMPERIAL SURF

Surfers Paradise, Queensland

Enjoy the tropical gardens and saltwater pool and dine at Coolums on the Beach, a beachfront restaurant and bar and relax to the sounds of the waves lapping at the shore. Only 10 minutes drive from most area activities.

7 nts from

AU\$799/NZ\$849 1 brm



ADINA PERTH BARRACK PLAZA

Perth, Western Australia

Located perfectly in the centre of Perth and access to Kings Park, West Perth, East Perth, Northridge, Subiaco and the Perth CBD. The area surrounding Barrack Plaza is home to historic buildings, state landmarks and several must see attractions.

3 nts from **AU\$799/NZ\$849** 1 brm

4 nts from **AU\$1099/NZ\$1169** 1 brm



ADINA APARTMENT HOTEL ADELAIDE

Adelaide, South Australia

The hotel is located in the heart of Adelaide in the historic, heritage-listed former Treasury. Right on the doorstep are cafes, excellent dining and sophisticated nightlife. Designed to create a modern atmosphere whilst combining all the comforts of home.

7 nts from

AU\$1349/NZ\$1439 1 brm



HOTEL KURRAJONG CANBERRA

Canberra, Australian Capital Territory

Refurbished to its original 1926 grandeur with the comforts of the 21st century living. Nearby attractions include the Parliamentary and Embassy Precinct, Manuka and Kingston dining precincts, National Gallery, National Library and the High Courts.

3 nts from

AU\$699/NZ\$749 Hotel

4 nts from

AU\$899/NZ\$959 Studio



TRAVELODGE MIRAMBEENA DARWIN

Darwin, Northern Territory

Cleverly designed around the unique tropical pool, spa and café setting, guests will quickly discover the relaxed and friendly ambience. Equipped with every facility a traveller would need to enjoy their stay.

3 nts from

AU\$469/NZ\$499 1 brm

4 nts from

AU\$649/NZ\$689 1 brm



ADINA APARTMENT HOTEL BONDI BEACH

Bondi Beach, New South Wales

Only a short walk to one of the world's most iconic beaches, Adina Apartment Bondi Beach is surrounded by trendy restaurants, cafes and bars. It offers stylish, spacious apartments with all the comforts of home.

2 nts from **AU\$549/NZ\$589** Studio

AU\$599/NZ\$639 1 brm

5 nts from **AU\$899/NZ\$959** Studio

AU\$1199/NZ\$1279 1 brm



SAVE
AU\$1050
per couple



HOLLAND AMERICA LINE
Noordam

29 Night New Zealand and South Pacific Cruise

Round trip from Sydney

Ports of Call: Milford Sound, Dunedin, Akaroa, Wellington, Picton, Napier, Tauranga, Auckland, Waitangi, Mare, Lifou, Mystery Island, Lautoka, Dravuni Island, Noumea

Selected departure in December 2015

Oceanview (E) Twin Share

Now from AU\$5,369pp
Twin Share Exchange



SAVE
AU\$1300
per couple



PRINCESS CRUISES
Sea Princess

35 Night Hawaii Cruise

Round trip from Sydney

Ports of Call: Nuku 'Alofa (Tonga), Apia, Cross International Dateline, Honolulu, Hilo, Kailua Kona, Lahaina Maui, Port Allen Kauai, Raiatea, Papeete, Papeete, Moorea, Bora Bora, Cross International Dateline, Auckland, Bay of Islands

Selected departure in November 2015

Oceanview (OF) Twin Share

Now from AU\$6,799pp



SAVE
AU\$2000
per couple



TRAVELMARVEL
Sapphire

14 night Classical Europe Budapest to Amsterdam

From Budapest to Amsterdam

Ports of Call: Vienna, Melk, Passau, Regensburg, Nuremberg, Bamberg, Wurzburg, Wertheim, Rudesheim, Cologne

Selected departure in October 2015

Balcony (A) Twin Share

Now from AU\$7,690pp



SAVE
AU\$2000
per couple



CAPTAIN COOK CRUISES
Murray Princess

7 Night Murray River Cruise

Ports of Call: Sth Aust., Salter's Station, Sunnydale, Ngaut Ngaut Conservation Park, Younghusband, Piggy Flat, Mundarra, Murray Bridge, Caurnamont

Selected departure in August 2015

Outside Cabin Twin Share

Now from AU\$1,685pp
Twin Share Exchange



SAVE
AU\$1300
per couple



PONANT
Le Lyrial

15 Night Antarctic Peninsula and Falklands

From Ushuaia to Montevideo

Ports of Call: Drake Passage, Cuverville Island, Pleneau Island, Port Lockroy, Cruising Antarctica Peninsula, Deception Island, Port Stanley, Saunders Island, New Island

Selected departure in February 2016

Oceanview (SP3 - Superior Stateroom) Twin Share

Now from AU\$9,285pp
Twin Share Exchange



SAVE
AU\$2500
per couple



APT CRUISES
ms Amavista

7 night Rhine Treasures River Cruise

From Amsterdam to Basel

Ports of Call: Cologne, Cochem, Rudesheim, Speyer, Breisach

Selected departure in April 2016

Oceanview (D) Twin Share

Now from AU\$3,490pp

FOR MORE OFFERS VISIT rcicruiseholidays.com
OR CALL **1300 724 263 AU 0800 724 263 NZ**

* Prices are to be used as a guide only and based on per person, twin share/ Prices and itineraries are subject to change, prices may vary per departure and will be confirmed at time of booking/ ** Passengers must book an E or D cabin. Fly Free Incl Taxes is based on the Airline of Scenic's choice. Flights must be booked by Scenic Tours. Full supplier Conditions apply



18
DAYS

ALBATROSS TOURS

Provence and Tuscany to Umbria 

Single Supplement only \$1849

What a unique tour with two, three and four night stays capturing the essence and vibrancy of four very evocative regions - each one littered with wonderfully preserved cities, hill top villages, a smorgasbord of culture, food and wine.

Selected departure in 2015

FROM AU\$7,063pp Tour Exchange
SAVE AU\$1,052 per couple!



14
DAYS

INSIGHT VACATIONS

Rhythms and Flavours of America 

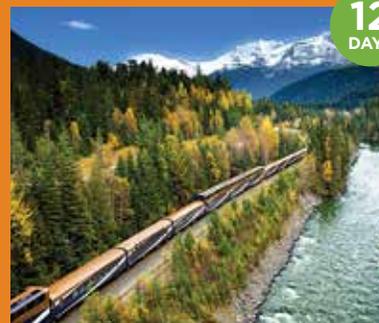
(Summer 2015)

Rhythms and flavours, food and music - pay homage to two of life's greatest pleasures; visit the musical meccas of Nashville and Memphis, while for globe-trotting gastronomes, all roads lead to zesty New Orleans.

Selected departure in 2015

FROM AU\$5,520pp Tour Exchange
SAVE AU\$1,550 per couple!

Must book and pay in full by 30 April 2015



12
DAYS

ROCKY MOUNTAINEER

Canadian Rockies at Leisure with Alaskan Cruise 

Gold Leaf Service with Balcony Stateroom

This trip blends breathtaking adventure with plenty of time to relax and take in the Canadian Rockies, including a rail journey onboard the iconic Rocky Mountaineer with Gold Leaf service and a luxurious Alaskan cruise through the delightful Inside Passage and Glacier Bay.

Selected departure in May 2015

FROM AU\$7,899pp Tour Exchange
SAVE AU\$1,352 per couple!



10
DAYS

GLOBUS

Discover Japan 

Highlights: Tokyo, Mount Fuji Area, Takayama, Kanazwa, Kyoto.

Discover Japan's culture as you try on a traditional kimono, partake in a tea ceremony, taste sake, attempt calligraphy, browse a farmers market, and participate in a Japanese cooking class, as well as Japan's most famous sites, including many of its castles and shrines.

Selected departure in 2015

FROM AU\$3,699pp Tour Exchange
SAVE AU\$1000 per couple!



16
DAYS

TRAFALGAR

South America Revealed 

An all-encompassing exploration of Chile, Argentina, Brazil and Uruguay - this trip showcases the highlights of South America from scenic Bariloche to the iconic city sites of Rio de Janeiro.

Selected departure in 2015

FROM AU\$6,871pp Tour Exchange
SAVE AU\$1,780 per couple!

Must book and pay in full by 30 April 2015



21
DAYS

SCENIC TOURS

Iberian Grandeur 

All inclusive Cruise-Tour Package. 2016 itinerary

FLY FREE* including taxes.
Highlights: Porto, Entre-os-Rios, Regua, Vega de Terron, Salamanca, Pociño, Pinhao, Lisbon, Evora, Seville, Granada, Cordoba, Madrid

Selected departures in 2016

FROM AU\$12,274pp Tour Exchange
SAVE AU\$1,502 per couple!

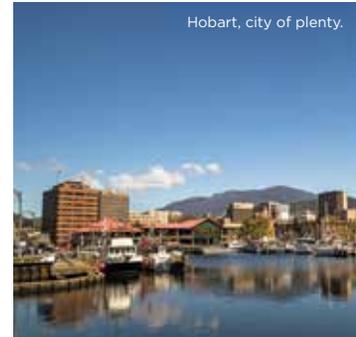
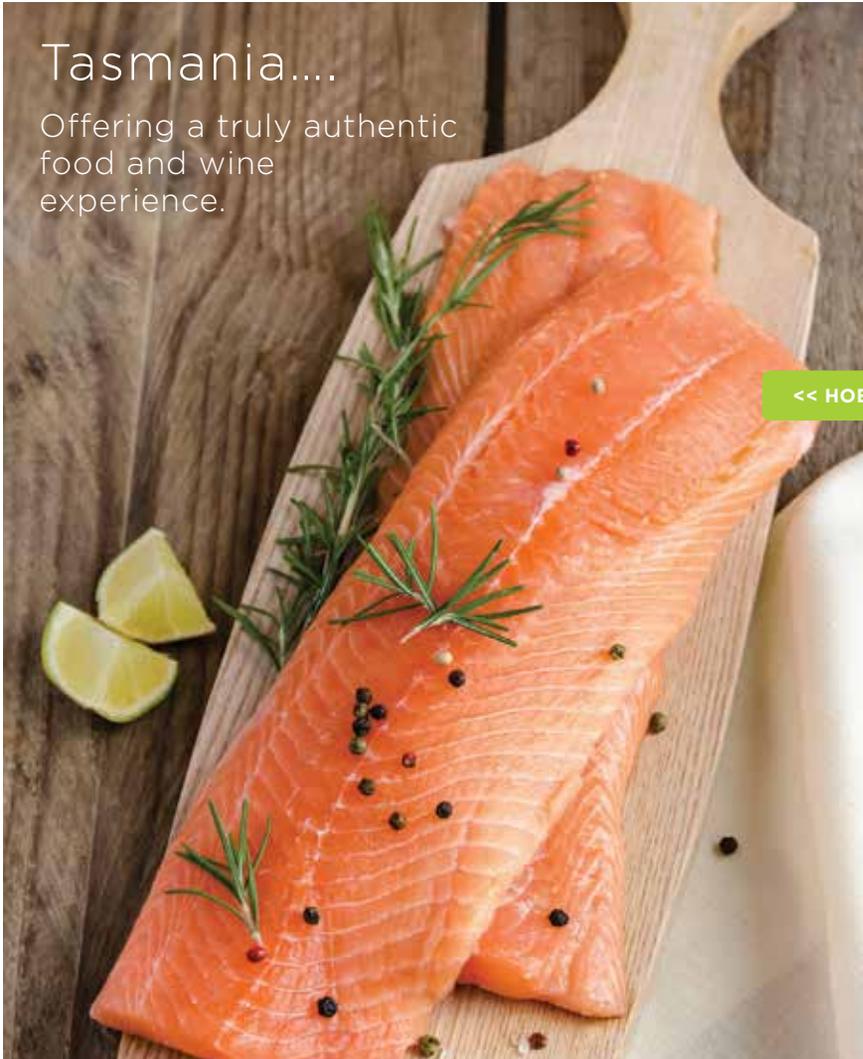
FOR MORE OFFERS VISIT rcitourexchange.com
OR CALL 1300 301 022 AU 0800 301 022 NZ

* Prices are to be used as a guide only and based on per person, twin share/ Prices and itineraries are subject to change, prices may vary per departure and will be confirmed at time of booking/ Passengers must book an E or D cabin. Fly Free Incl Taxes is based on the Airline of Scenic's choice. Flights must be booked by Scenic Tours. Full supplier Conditions apply

weekenders

Tasmania...

Offering a truly authentic food and wine experience.



Hobart, city of plenty.

<< HOBART, TASMANIA

Tasmania is also known for its world class continental style gourmet cheeses. Some of the world's best milk and the most sophisticated processing techniques have come together to produce a fine range of camembert, brie, edam, goudas and many other exotic cheeses.

As well as premium beef and lamb, Tasmania also offers less traditional game meats such as venison, pheasant, quail, rabbit, hare and wallaby.

Food buffs can learn how to prepare amazing plates at cooking schools, pick fresh produce straight from the source and sample a wide range of excellent dishes and products at food festivals and master classes.

Tasmania's fine produce can be found at farmers markets, local eateries, cheap and cheerful pubs as well as high end restaurants. You can even stop and buy from roadside stalls. In Tasmania you'll still find honesty boxes all around the state.

And then there are the wines, lovingly grown and produced in the north, east and south of the state. With world class sparkling wines and Pinot Noir, many vineyards also offer excellent cellar door and restaurant facilities making for a relaxing day for visitors. The clean and green environment is ideal

WITH ITS UNIQUE GEOGRAPHY AND CLIMATE, TASMANIA IS A FOOD AND WINE LOVERS DELIGHT. ITS RICH, FERTILE SOILS BREATHE THE PUREST AIR AND WATER IN THE WORLD. TASMANIA'S SUMPTUOUS RANGE OF FRESH FOOD AND WINE ARE OF THE HIGHEST STANDARD AND HAVE BECOME FAVOURITES FOR TRAVELLERS THE WORLD OVER.

A trip to Tasmania wouldn't be complete without tasting its premium fruits, berries, apples and vegetables. The pristine environment is also world renowned for its Atlantic salmon, specially bred ocean trout, oysters, mussels and scallops. And if that's not enough there are gourmet foods such as cheeses, honey, jams and chutney to tempt even the most discerning taste buds.

for producing cider, whisky and gin and boutique breweries and distilleries like to showcase their wares at cellar doors where you can talk to the maker.

There are four well travelled wine trails visitors can follow and all are signposted. The northern trail runs through the Tamar Valley and Pipers River area while the southern wine trail includes the Coal

River Valley, Derwent Valley, Huon Valley and Tasman Peninsula. The northwest wine region stretches from Kentish and Barrington through to Port Sorell while on the East Coast you can enjoy great wines in the region stretching between Bicheno to Orford.

Many vineyards feature fine restaurants using some of the best local produce.

Tasmania's quality food and wine attract foodies from all over the world, so why not join them for a delicious taste of this great island state. 🍷

weekenders
HOBART, TASMANIA

EAT

Mures Seafood Restaurant

T: 03 6231 2121
Victoria Dock, Hobart TAS 7000

Mures and Hobart seafood are synonymous. Downstairs there's a fishmonger, sushi bar, ice cream parlour and bistro serving tasty seafood meals. The upper deck is more formal with dockside views and à la carte seafood dishes. Open 7am till late.

www.mures.com.au

Retro Café

T: 03 6223 3073
31 Salamanca Place,
Battery Point Hobart TAS 7004

Bustling with locals and holidaymakers this very popular café has a funky retro feel and is great for a Saturday brunch among the market stalls. Serves delightful breakfasts with bagels, salads and burgers all with chilled out jazz and a relaxing day time feel. Open 7am to 5pm.

Garagistes

T: 03 6231 0558
103 Murray Street, Hobart TAS 7000

Garagistes offers an innovative set five course menu in a simple, yet dramatic place that was formerly a rental car garage. There are dishes like Cape Grim beef, redcurrant and elderberry vinegar with produce all sourced from local growers, fisherman and farmers.

www.garagistes.com.au

Jam Jar Lounge

T: 03 6224 1447
45 Hampden Rd, Battery Point TAS 7000

Recently selected as one of the Top 10 Cafes in Hobart for 2014, this 19th century cottage offers a family friendly café and bistro. It has built a fantastic reputation for its legendary Friday nights serving Japanese Tapas in a wonderful 1920's jazz themed atmosphere.

www.jamjarlounge.com

RELAX

Salamanca Place

T: 03 6230 8233
Salamanca Place, Hobart TAS 7000

Stroll down to find a variety of interesting shops, trendy cafes and great restaurants

all located close to the scenic waterfront. On Saturdays, Salamanca Place comes alive with the famous Salamanca Market with over 300 stall selling fresh gourmet produce, arts, crafts and handiwork. Sightseeing tours are also available from Salamanca Place.

www.salamanca.com.au

Harmony Hills Wellness and Organic Spa Retreat

T: 03 6294 8177
210 Old Bernies Road Margate.

Just 30 minutes drive from Hobart this 17 hectare property has many horses, cows, sheep and native animals in abundance. More a wellness sanctuary, Harmony Hills offers a range of eastern and western natural therapies and is a great place to relax and enjoy the surroundings.

organicspa-retreat.com

MONA

T: 03 6223 6064
655 Main Road Berriedale, Hobart TAS 7011

The Museum of Old and New Art (MONA) is an art museum located within the Moorilla Winery on the Berriedale Peninsula and is the largest privately funded museum in Australia. The museum offers modern and contemporary art. Catch the ferry to MONA with a Posh Pit Pass and enjoy wine tasting in the Barrel Room at Moorilla.

www.mona.net.au

EXPLORE

Cadbury Chocolate Factory

T: 1800 627 367
100 Cadbury Road, Claremont TAS 7001

See how chocolate is made and molded. Taste some favourite chocolates that generations of Aussies have loved. Try a cherry ripe or honeycomb crunchie and pick up some discounted samples. The factory is located 15 kilometers north of Hobart and open September to May 8am - 4pm. Adults \$7.50, children \$4.

www.cadbury.com.au

The Royal Tasmanian Botanic Gardens

T: 03 6236 3050
Lower Domain Rd, Queens Domain Hobart, TAS 7000

Situated on the eastern side of Hobart, the gardens cover over 13 hectares and feature over

6,500 diverse species of plants and flowers. The gardens are laid out over the side of a hill and provide glimpses of the Derwent River. It's the perfect spot for a quiet picnic or to kick back and enjoy a book surrounded by nature. Open 8am to 6.30pm.

www.rtbg.tas.gov.au

Tasmanian Air Adventures

T: 1300 359 822
King Pier Marina, Hobart TAS 7000

Step from the waterfront into a seaplane where discovery reaches new heights. You can take a seaplane to Bruny Island or as far as Cradle Mountain and Wineglass Bay. Hear stories of past convicts or go on walks in some of the most isolated places in Tasmania.

tasmanianairadventures.com.au

STAY

RCI AFFILIATED RESORTS
IN HOBART INCLUDE:



Wyndham Seven Mile Beach Resort 8726

Located along one of Hobart's most popular family beaches the resort offers an array of incredible scenery, heritage and adventure guaranteed to keep the whole family busy. Only 20 minutes from Hobart, the resort has self-contained apartments that are spacious and stylishly appointed with contemporary furniture and superior amenities. Includes heated outdoor pool and spa, tennis court, barbecue area and gym, games room, playground and splash fountain for the children.

For additional resort listings, visit RCI.com or call 1300 368 800 AU or 0800 368 800 NZ

Bali... chill in the tropics.



INDONESIA'S MOST BEAUTIFUL ISLAND, BALI IS THE PERFECT PLACE TO CHILL OUT. WHETHER IT'S FOR A FAMILY HOLIDAY, HONEYMOON, SURF TRIP, GIRLS SPA GETAWAY, YOGA RETREAT OR A LUXURY VILLA ESCAPE - WHATEVER YOUR REASON FOR VISITING, THERE IS LITERALLY SOMETHING FOR EVERY INTEREST IN TROPICAL BALI.

Located just south of the Equator and sandwiched between the islands of Java and Lombok in central Indonesia, Bali is a mecca for great adventure, sports and fitness activities.

Bali is by far the most popular tourist destination in Indonesia and has always been a popular favourite for Australians and especially those keen on surfing. The island is also a main destination for Japanese, Korean and European tourists. With four million people, Bali is the only Hindu society in Southeast Asia.

It's an island where luxury beach resorts touch base with historic Hindu temples, towering volcanoes and undulating rice terraces. It is a visual treat for tourists who love exotic culture and those who know how to have fun.

The sprawling south coast beach areas of Kuta, Legian and Seminyak are the most popular bases for Bali's three million annual visitors and are the main surfing beaches.

Kuta offers a vibrant beach life and stunning ocean sunsets along with hundreds of bars, restaurants and late night clubs. Slightly further north of Legian is Seminyak, home to chic bars, classy boutique shopping, French patisseries and fine dining restaurants. Virtually free of street hawkers Seminyak's sophisticated atmosphere and relaxed pace of life make it ideal for a family beach holiday.

Bali's capital city and administrative centre is Denpasar, located in the south of the island close to the beach resorts of Kuta and Sanur. It is a small bustling city with excellent shopping.

Situated just beyond Denpasar is the beautiful beach resort of Sanur where you can enjoy water sports and romantic beachfront dining. Its pristine sandy beaches are fringed by attractive boutique shops and fine seafood restaurants.

The real cultural heart of Bali however is the town of Ubud which offers numerous fine art galleries and cultural centres. The surrounding countryside is filled with traditional stone carving, ceramic and textile producing villages such as Mas, Penestanan and Batuan.

Ubud is also the place to be for some of the best white water rafting and hiking. You can trek through some dense jungle near

Bali's only active volcano, Mount Batur or enjoy the beach life on the north coast.

Bali's highest volcano, Mount Agung is on the eastern side of Bali. When you ascend the stairs to the monumental courtyard you'll find a central shrine dedicated to the Hindu trinity of Brahma, Vishnu and Shiva. You can organise a local tour guide to take you to Mount Agung and along the way you can take in some other spectacular temples including Ganung Batukau and Tanah Lot.

Another popular beach town in the south of Bali is Jimbaran Bay. Every night the beaches are packed with makeshift wooden huts with eating houses offering

fresh seafood supplied by the local fisherman. You can indulge in a delightful meal of fresh fish or grilled lobster while mixing with the friendly locals.

At the end of your busy day exploring Bali what better way to escape the daily grind than with a luxurious spa treatment in exotic tropical surrounds. Enjoy a couple's massage with your loved one or treat yourself to a manicure and pedicure.

weekenders BALI, INDONESIA

RELAX

Spa Bali Seminyak

T: 0361 737 932

Jl. Petitenget, Seminyak, Kerobokan, Seminyak, 80361

Open from 10am until 11pm daily the spa offers a complete array of spa and beauty treatments including massages, body scrubs, manicures, pedicures, hot stone massages and a complete hair salon facility.

www.spabali.biz

Hatten Wines Tour

T: 0361 767 422

Komplex Dewa Ruci, Jalan By Pass Ngurah Rai, Kuta

Pembroke Wines and Spirits offer an extensive selection of Central Otago wines as well as superb New Zealand, Australian and other European wines. For the craft beer enthusiast there's also a huge selection of New Zealand craft beers to drink in or takeaway.

www.hattenwines.com

EAT

Zibiru Restaurant

T: 0361 733 265

Jalan Drupadi 7, Seminyak, Bali 80361

Zibiru offers farm-to-table authentic Italian cuisine in a unique Balinese setting. Live jazz every Wednesday and Saturday with dinner from 5pm - 12am.

www.zibiru.com

Jimbaran Bay Beachfront Restaurant

T: 0361 216 8521

Kelan, Jimbaran Bay

Enjoy delicious seafood and romantic sunsets while dining on the beach.

www.jimbaranbeachrestaurant.com

Jenja Restaurant, Bar & Club

T: 0361 882 7711

Seminyak Jl. Nakula

Serving Arabian and Asian cuisine Jenja presents a one stop dining and evening entertainment restaurant on two levels. The first level features ultra stylish interiors and three dining areas including an outdoor area.

www.jenjabali.com

PLAY

Kendra Gallery

T 0361 736 628

Jalan Drupadi 88B, Seminyak

A great addition to the vibrant art scene in Seminyak the gallery is a great place for art-loving travellers to mingle with the creators behind the artworks. The gallery is within a 10 minute walk to Jalan Laksmana that is lined with world class restaurants.

www.kendragallery.com

Be My Guest Tours - Sea Walking Experience

T +65 6743 9812

A safe and unique underwater activity allowing you to walk on the sea bed and explore the myriad of marine life and corals around Sanur Beach. It's the closest thing to scuba diving but without the hassle of heavy equipment. Two hour duration.

www.bemyguest.com.sg

Elephant Safari Park, Taro, Ubud

T 0361 721480

Acclaimed as the World's Best Elephant Park, facilities include an Information Centre, Museum with a large collection of elephant memorabilia and the only mammoth skeleton in South East Asia. Open 8am to 6pm daily.

www.baliadventuretours.com

White Water Rafting

T 0361 721480

Grab your oars and get ready to rage with this exhilarating rafting adventure on the spectacular 33 Rapids on Ayung River.

www.baliadventuretours.com

STAY

RCI AFFILIATED RESORTS IN BALI INCLUDE:

Medewi Bay Retreat 6302

Just 20 minutes from Negara, Medewi Bay Retreat is an impressive tropical island resort set amongst picturesque mountains and coconut plantations. The resort is surrounded by mountains, ocean and coconut plantations and has a massage gazebo to relax and revitalise.

Royal Bali Beach Club at Candidasa 3968

Located at Balina Beach on the outskirts of Candidasa, the resort is surrounded on one side by coral filled seas and on the other by an active volcano. Great for snorkeling and fishing and the resort has an ambience that is uniquely Balinese. The resort has glass bottom boats for viewing sea life and a restaurant that provides regular entertainment in the evenings.

Regent Holidays @ Rama Candidas 6920 (SD24 SE24)

3 or 4 nights SPLIT WEEKS

Located in Candidasa on Bali's eastern coast, this resort is far away from the crowds, on a picturesque, private beach. Here you may enjoy mountain trekking and water sports, and swimmers may choose the shimmering ocean waters or relaxing by the swimming pool, set between the gardens and the deep blue sea.

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Three of the best

Mark and Carolyn Tozer of Canberra, Pam and Laurie Sutton of South Australia and Stephen and Kathy Pace of Queensland shared their holiday stories and **WON a \$50 Coles Myers card or Prezzy card**

20 year RCI members Mark and Carolyn Tozer of Canberra shared their recollections of Canada in August 2014.

“Being in our sixties and not overly familiar with the internet, it was with some trepidation that we decided to arrange a holiday exchange to an overseas destination through the RCI website. A lot of pleasure was gained in the planning of the holiday and it took a lot of research to find the right place to exchange into before we finally decided on Club Cranberry, Collingwood, Ontario, Canada. The process was amazingly easy and the booking and subsequent check in was very smooth.

As there were only three of us, the two bedroom unit was very comfortable and spacious and the staff were delightfully helpful. One of the highlights of the stay was the owner’s drinks and nibbles. Compared to what we might get in Australia, it was more like a banquet

fit for a king than a snack. In the car park we were astounded at the size of some of the “utes” we saw and Mark happily posed to give us a great memory picture.

While Club Cranberry is known as a winter vacationing spot we found it a great base in the summertime to do some day trips visiting the many lighthouses and waterfalls of the area. Chantry Lighthouse at Southampton has been fully restored and gave us a look back in time. We followed that with a drive to Tobermory to see Big Tub Lighthouse and cruise past Flowerpot Island with its amazing rock formations.

My favourite photo of the trip was the sunset on our trip back to Club Cranberry. A wonderful holiday was had by all and made even better by the great value that our timeshare afforded us. ”

WE WANT TO HEAR FROM YOU!
\$50 COLES MYERS CARDS OR PREZZY CARDS TO BE WON!

Share your story.
Send 250 words and photos of your amazing RCI holiday to: marketingsupport@rci.com
We reserve the right to edit submissions.



Pam and Laurie Sutton of Seacliffe, South Australia enjoy "Peace" in Las Vegas

“ Well the name of our time share resort was "The Cliffs at Peace Canyon"! We never found out where Peace Canyon was as the resort is in the middle of a modern suburb of Las Vegas. (Maybe it was a canyon back in the cowboy days?)

The 5 star resort is a secured enclosed property of 22, two story buildings with a total of 176 units. It is 13kms from the Las Vegas strip and is very accessible via the resort shuttle that runs regularly both day and night and also visits grocery stores, factory outlets and Freemont Street (the original strip).

We paid a USD\$25 fee on arrival which covered the shuttle service, basic wifi, in room safe, DVD rentals, board game library, fitness centre and computer office, so that's a pretty good deal!

The staff were very friendly and helpful and all the facilities including the swimming pool and spa were well maintained. With the public bus service nearby, we travelled on a double decker one day to check out a particular shopping centre and returned on a US\$5 all day pass. On some occasions we stayed away from the strip which gave a restful break away from the hustle and bustle but it was easy to get back to the "party" any time we wanted to.

We hit the town most days and the weather was just perfect (around 25 degrees). We walked to most casinos, went to a show and dined at a very economical smorgasbord. It was Halloween during our stay and being a fun time in the US, it added to the excitement of our touring.



A day trip to the Grand Canyon and Hoover Dam was easy to arrange from Las Vegas and there were plenty of other things to do in this interesting desert town. We were amazed how the gardens, lawn and flowers that abound survive given that the vacant blocks reveal a hard, rocky uninviting surface.

Prior to arriving in Las Vegas we had 4 nights in New York and then travelled for 10 days by train, bus and taxi to New Orleans. Along the way we took in a Philadelphia, Washington DC, Charlotte, Atlanta and Birmingham and then flew via Salt Lake City to Las Vegas. While it sounds exhausting, it wasn't and we had a fantastic time. ”

Stephen and Kathy Pace of Obumobum, Queensland enjoy 5 glorious days in Singapore

“ My wife Kathy and I thoroughly enjoyed our 5 day visit to Singapore during last Christmas staying at the Days Hotel, located on Jalan Rajah Road Zhongshan Park. A free shuttle bus service was provided to Orchard Road and Novena Train Station.

During our stay we used the Duck & Hippo hop-on and hop-off bus to visit a number of popular tourist destinations such as Little India, Raffles and Marina Bay Sands. We also took a Singapore city tour with the Singapore flyer option. The tour took us through a Buddhist Temple, Botanic Gardens, Merlion Park, gemstone and jewellery factory outlets and Asia's largest Observation Wheel which reaches a height of 165 metres.

Our tour guide was very knowledgeable and we got a secret tip on how to see Singapore from a

location higher than the Singapore Flyer for free. This entailed going to the Marina Bay Sands and accessing the KU DÉ TA Sky Bar on the 57th floor. The bar is located above the general public observation deck, which normally costs SCD\$23 per adult to access. The views from the Sky Bar were spectacular and made even more enjoyable whilst sipping a cocktail.

A must see is the Gardens by the Bay, which is spectacular at night as the skies light up in a fantastic display of colour.

Although shopping was not a high priority we managed to score some great buys in the Mustafa Centre in Little India. The centre is open 24/7



and packed with everything ranging from electronics, watches, jewellery, cosmetics and clothes.

Singapore should be on your list of must see places to visit and we thoroughly recommend the Days Hotel if you are not after a self-contained apartment. ”



because your holiday means everything to you and that means the world to us.

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holiday memories

